



The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

[www.fosay.co.uk](http://www.fosay.co.uk)

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

### Attendance

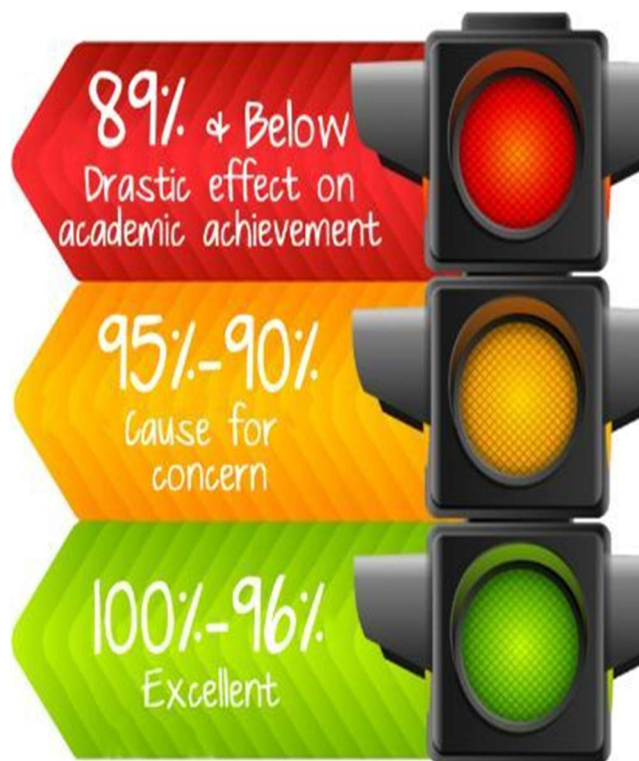
**Target – 100 %**

**This week – 95.9 %**

**This Year – 94.6%**

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.



## Dates for your Diary

**Wednesday 22<sup>nd</sup> April** – Open Morning for School

**Friday 24<sup>th</sup> April** – Year 4 Sharing Worship

**Friday 1<sup>st</sup> May** - Windsor Castle Year 2

**Monday 4<sup>th</sup> May** – School Closed Bank Holiday

**Thursday 7<sup>th</sup> May** – School Closed - Polling Station

**Friday 8<sup>th</sup> May** – Year 3 Sharing Worship

**Sunday 10<sup>th</sup> May** – Walk the Wight

**Monday 11<sup>th</sup> – Thursday 14<sup>th</sup> May** – Year 6 SATS

**Friday 15<sup>th</sup> May** – Paulton's Park Year 6

**Tuesday 19<sup>th</sup> May** – County Show Year 3

**Wednesday 20<sup>th</sup> May** – Beaulieu Year R

**Friday 22<sup>nd</sup> May** – Sea Shanties

**Monday 1<sup>st</sup> June** – School Closed – Development Day

## Menu next week

### Week 2

**Monday** – Cheese & Tomato Pizza or  
Tex Mex Vegetable Fajita

Banana Oat Bite

**Tuesday** – Beef Burger or Beany  
Vegetable Burger

Lemon Cookie

**Wednesday** – Roast Gammon or Bean  
& Cheese Pastry

Caramel Mousse

**Thursday** – Chicken & Vegetable  
Korma or Marconi & Cheese

Chocolate Brownie

**Friday** – Fish Fingers or Quorn Dippers

Strawberry Ice Cream

**Jacket potatoes and pasta are  
available every day.**

**Baguettes are available on Tuesdays  
and Thursdays**

## Weather

**Now the weather is becoming unpredictable, please  
can you make sure your child has a coat in school  
every day.**

**Also, please can you make sure your child has  
waterproofs / wellies in school on their forest school  
day.**

## School Details

**Email** – [shalfleet@fosay.co.uk](mailto:shalfleet@fosay.co.uk)

**Phone** – 01983 760269

**Website** – [fosay.co.uk](http://fosay.co.uk)

*"You will keep in perfect peace those  
whose minds are steadfast, because  
they trust in you" - Isaiah 26:3*

## Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

## Our Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.

## The Conscious Community

Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

**Conscious = Aware**

**Community = All together**



**RESPECT**



**RESILIENCE**



**RELATIONSHIPS**

Dear Parents/Carers,

We have had an increasing number of parents who arrive at school to speak to a member of staff without an appointment. This inevitably causes some upset if the member of staff is unavailable due to other commitments. To avoid this, please call school ahead of any visit to arrange a meeting. Our support/pastoral staff have multiple meetings and commitments every day; whilst they always do their level best to accommodate you, they do need advance notice of any visits or meetings.

We also understand that sometimes emergencies happen that can delay you from collecting your child at the end of their school day.



### Gold Awards for this week were:



**Reception Class: Louie, Theo**

**Year 1: Rory, Finn C, Sofia**

**Year 2: Whole Class**

**Year 3: Olivia, Emily**

**Year 4: Mariama, Tiwa, Aurora**

**Year 5: School Trip**

**Year 6: Austin, Ray, Joey H**



### Sea Shanties - Date for the Diary

It is Sea Shanties weekend coming up in Yarmouth beginning on Friday 22nd May. The Federation has been invited to sing 3 songs at the opening ceremony on the Friday afternoon at 4.00pm on the Sailing Club green. The children are going to be learning the songs in school and we welcome families to bring their children along to represent the school.

### Outdoor learning Golden Wellie Award

Woody



### Class Attendance last week

Well done to Year 3 for receiving 95.1 % attendance for last week.

Well done everyone!



### Birthdays

13<sup>th</sup> - 17<sup>th</sup> April

Alfie W Sephi Michael

Happy birthday to you!

### Sports Tokens

Osbourne - 21

Lifeboat - 29

Needles - 24

Lighthouse - 26

Well done to Lifeboat for collecting the most tokens this week.

Well done!

### WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

## Central Discos

"Entertainment that hits the target every time"

State of the art lighting effects

Full Public Liability Insurance

All events covered

Wedding Specialists

Tel: 01983 754050

[www.centraldiscos.net](http://www.centraldiscos.net)



## ARE YOU A WINNER?

Every Thursday, check under your plate for a winner sticker!

1. Clear your plate
2. Check if you have a sticker
3. If you do, show a member of kitchen staff
4. Collect your prize

Chartwells

Good luck!













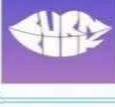













# 24 APPS PARENTS NEED TO KNOW ABOUT



*This list is not exhaustive, and will be updated each year to reflect new risks and dangers*

**THESE APPS CAN EASILY BE USED AS GROOMING TOOLS BY ONLINE PREDATORS LOOKING TO MEET UP & SEXUALLY ABUSE CHILDREN. (UPDATED 2021)**

<p><b>FACEBOOK</b></p>  <p><b>FACEBOOK</b> allows you to connect with others and share comments, photos and videos. You can add friends, write on people's pages and posts, join groups and play games.</p>	<p><b>SNAPCHAT</b></p>  <p><b>SNAPCHAT</b> is one of the most popular apps in recent years. Whilst the app promises that photo's, videos and stories disappear, others can take screenshots of private photo's.</p>	<p><b>INSTAGRAM</b></p>  <p><b>INSTAGRAM</b> Kids are creating fake accounts to hide content from their parents, according to police. Messages are also deleted once a user leaves a conversation.</p>
<p><b>WHATSAPP</b></p>  <p><b>WHATSAPP</b> allows you to send messages, images and videos in 121 and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.</p>	<p><b>KIDSCHAT</b></p>  <p><b>KIDSCHAT.NET</b> is a free online messaging app for children. You can talk to people you don't know on public forums and via private message. You can access the site as a guest.</p>	<p><b>SKYPE</b></p>  <p><b>SKYPE</b> is a platform and app that lets you make audio and video calls to other people around the world. You can also send instant messages.</p>
<p><b>WHISPER</b></p>  <p><b>WHISPER</b> is an anonymous social media app that promotes sharing personal secrets with strangers, (new people). It reveals a users location so people can meet up</p>	<p><b>CALCULATOR %</b></p>  <p><b>CALCULATOR %</b> is only one of SEVERAL social media apps disguised as a calculator, the app is actually a secret photo vault to hide photos, videos, files and browser history.</p>	<p><b>HOT ON NOT</b></p>  <p><b>HOT ON NOT</b> Strangers rate a user's 'attractiveness' with the aim of real-world meet ups in your local area.</p>
<p><b>ASK.FM</b></p>  <p><b>ASK.FM</b> An app where users can anonymously ask questions and receive answers. The app has been featured in a number of cyber bullying cases.</p>	<p><b>YUBO</b></p>  <p><b>YUBO</b> Similar to Tinder, the app is designed to allow teens to flirt with each other.</p>	<p><b>KIK MESSAGING Kik</b></p>  <p><b>KIK MESSAGING Kik</b> is a messaging app that allows content normally filtered on a home computer.</p>
<p><b>BURN BOOK</b></p>  <p><b>BURN BOOK</b> Anonymous rumours can be posted about people through audio messages, texts and photos.</p>	<p><b>WISHBONE</b></p>  <p><b>WISHBONE</b> This app allows users to compare kids and rate them on a scale.</p>	<p><b>GRINDR</b></p>  <p><b>GRINDR</b> Is a dating app geared towards gay, bisexual and transgender people. The app allows people to chat, share and meet up in person based on a GPSS location.</p>
<p><b>SKOUT</b></p>  <p><b>SKOUT</b> is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.</p>	<p><b>MEET ME</b></p>  <p><b>MEET ME</b> Is a dating social media app that allows users to connect with people based on geographic proximity. The app encourages people to meet in person.</p>	<p><b>TIK TOK</b></p>  <p><b>TIK TOK</b> Is one of the most popular apps in recent years used for sharing short videos with very limited privacy controls users are vulnerable to explicit material.</p>
<p><b>TELLOYMN</b></p>  <p><b>TELLOYMN</b> anonymous messenger app. It calls itself "the most honest place on the internet." Age controls are inconsistent and sexual explicit material can be found.</p>	<p><b>Zoomerang</b></p>  <p><b>Zoomerang</b> Is a popular app that looks like a harmless messaging app however it allows private anonymous messaging and is location enabled.</p>	<p><b>BUMBLE</b></p>  <p><b>BUMBLE</b> is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts</p>
<p><b>FACEBOOK MESSENGER</b></p>  <p><b>FACEBOOK MESSENGER</b> Is one of the most popular message apps in the world. It has already heavily been used by predators and the end-to end encryption will make it even more unsafe.</p>	<p><b>BADOO</b></p>  <p><b>BADOO</b> is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.</p>	<p><b>OMEGLE</b></p>  <p><b>OMEGLE</b> is a video chat website where users are matched randomly with strangers.</p>

**#CHILDBUSEHELP**  
CHILD ABUSE RESOURCES  
[WWW.CHILDBUSEHELP.ORG.UK](http://WWW.CHILDBUSEHELP.ORG.UK)

**NSPCC HELPLINE**  
**0800 800 5000**

**NNECA**  
NATIONAL NETWORK TO END CHILD ABUSE  
[WWW.NNECA.ORG.UK](http://WWW.NNECA.ORG.UK)



# Schools Walk the Wight with **Mountbatten**



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**Join your school team!**  
 Compete for the Schools Walk the Wight trophy

Family-friendly  
 Freshwater - Alum Bay  
 Medal and certificate included

Raise funds to support Island families cared for by Mountbatten

**FREE to sign up!**

Supported by Schools Walk the Wight headline sponsor **ROUSE**

**Sunday, 10 May 2026**  
 Sign-up now: [mountbatten.org.uk](http://mountbatten.org.uk)



## Isle of Wight SENDIASS Online Workshops

- Free impartial advice relating to SEND for 0-25 years.
- Confidential sessions not recorded.
- Peer support, talking to others experiencing a similar journey.
- A dedicated session with an experienced support worker

<b>28 APR</b> 10:00	Responding to a draft EHCP If you are in that critical time frame having received your draft	<b>6 MAY</b> 12:30	Alternative Provision What constitutes as a suitable education in relation to section 19 of the education act
<b>13 MAY</b> 13:00	Responding to a draft EHCP If you are in that critical time frame having received your draft	<b>13 MAY</b> 17:30	Appeals to SEND Tribunal A step-by-step guide through the appeals process
<b>18 MAY</b> 12:00	Considering an EHC Plan? Independent and impartial information to guide you through the process	<b>19 MAY</b> 10:00	Ordinarily Available Provision and SEN Support Looking at support available for those who do not have an EHC

[www.iowsendiass.org.uk/workshops](http://www.iowsendiass.org.uk/workshops)

## FACE May 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long  
**£24 each or FREE with School Membership**  
 Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)  
 Recordings available for 48 hours

School Anxiety	4 May 10am
Understanding Anger	4 May 7pm
Facing Defiance	5 May 10am
Supporting Healthy Screen Use	5 May 7pm
Cannabis and Ketamine Awareness	11 May 10am
Anxiety Explained	11 May 7pm
Introduction to OCD	12 May 10am
What is ACT?	12 May 7pm
Decreasing Depression	18 May 10am
Raising Self-Esteem	18 May 7pm
Supporting Healthy Sleep	19 May 10am
Understanding the Teenage Brain	19 May 7pm
Autism: Improving Communication	25 May 10am
Improving Family Communication	25 May 7pm
Supporting a Child with ADHD	26 May 10am
Understanding Addictive Behaviour	26 May 7pm
<b>FREE Getting a Good Nights Sleep</b>	<b>28 May 7-8pm</b>

## WIGHTLINK ISLE OF WIGHT FERRIES Meet the Team

Wightlink customer drop-in



Yarmouth Sailing Club, 17:30 - 19:30

**22 APRIL 2026**

Come along to ask questions and speak to our management team about our services.



Shalfleet CE Primary School

## OPEN MORNING

Reception Class intake September 2026

Are you still undecided which Primary School to choose?  
Then look no further—we warmly invite you to our open morning on.

**Wednesday 22nd April 2026, 9am - 12pm**

A wonderful opportunity to see our school in action  
and to meet some of the staffing team.

As part of the Conscious Community the Federation's Core Values  
are the principles underpinning our ethos. The three  
focus values for the Federation.

**Respect**

**Resilience**

**Relationships**

## Parent and Caregiver Peer Support Sessions

11<sup>th</sup> June 2026 (9am – 11am) Cowes Family Centre

16<sup>th</sup> July 2026 (9am – 11am) Carisbrook & Gunville Church

16<sup>th</sup> September 2026 (9am – 11am) Ventnor Family Centre

16<sup>th</sup> October 2026 (9am – 11am) Sandown Family Centre

18<sup>th</sup> November 2026 (9am – 11am) Carisbrook & Gunville  
Church

13<sup>th</sup> January 2027 (9am – 11am) Carisbrook & Gunville  
Church

10<sup>th</sup> February 2027 (9am – 11am) Carisbrook & Gunville  
Church



Drop in for a chat, a cuppa and share  
experiences

No booking needed



Cowes Family Centre –  
Love Lane, Cowes PO31 7ET  
Carisbrook & Gunville Church  
Gunville Road, Newport  
PO30 5LS

Ventnor Family Centre  
Albert Street, Ventnor PO38 1EZ  
Sandown Family Centre  
The Fairway, Sandown PO36 9EQ

Isle of Wight  
**Neurodiversity**  
Team



# SPOTLIGHT ON SAFEGUARDING

WORKING TOGETHER TO KEEP OUR YOUNG PEOPLE SAFE

Primary | April 2026. In this issue: Navigating the news online | Delaying social media

## Talking to children about what's happening in the world

Many of the events happening around the world are discussed frequently in the news and on social media. Even if adults try to shield children from it, they often pick up snippets of conversations, headlines or comments from other children. Because of this, children may already have partial information, misunderstandings or worries that they have not shared.

For primary-aged children, it is usually better that the trusted adults in their lives help them make sense of what they are hearing. When parents and carers talk openly and calmly about world events, it helps children feel safe, supported and able to ask questions. The goal is not to give lots of detail or expose children to distressing information. Instead, it is about helping them understand the basics, reassuring them that they are safe and reminding them that many people are working hard to help.

### HOW PARENTS AND CARERS CAN APPROACH THE CONVERSATION

#### START BY LISTENING

Ask what your child has already heard. This helps you understand their level of knowledge and whether they are worried about something specific.

#### KEEP EXPLANATIONS SIMPLE AND FACTUAL

Use clear language and avoid too many details. Answer the question they asked rather than giving long explanations.

#### OFFER REASSURANCE

Remind children that they are safe and that many adults, leaders, helpers and communities are working to solve problems and keep people safe.

#### FOCUS ON HELPERS AND POSITIVE ACTIONS

Children find comfort in knowing that people help each other in difficult situations.

#### FOLLOW YOUR CHILD'S LEAD

Some children will want to ask lots of questions; others may only want a brief explanation. Both responses are normal.

## CONVERSATION STARTERS YOU COULD USE

Parents/carers sometimes find it difficult to know how to begin these discussions. The following questions and sentence starters can help open the door:

1 "Have you heard anyone talking about what's happening in the news lately?"

2 "What have you heard about what's going on in the world at the moment?"

3 "How did that make you feel when you heard about it?"  
"Do you have any questions about it?"

4 "Sometimes the news can sound a bit scary. If you ever hear something that worries you, you can always talk to me about it."

5 "There are lots of people working very hard to help others and make things better."

### Why these conversations matter

Talking about world events in a calm and supportive way can help children to:

- feel safe and reassured by hearing information from a trusted adult
- correct misunderstandings they may have picked up from others
- develop emotional awareness by talking about feelings and worries
- build resilience and empathy by learning how people help each other during difficult times.

When children are not given opportunities to talk, they sometimes fill in the gaps with their imagination, which can make things feel scarier than they really are.

### Top tip: Use child-friendly news

- If your child is interested in finding out more, it can help to use news sources designed specifically for children. Programmes such as BBC Newsround explain current events in a clear, age-appropriate way that avoids unnecessary distress.

# SPOTLIGHT ON SAFEGUARDING

## Why social media isn't appropriate for primary-aged children

Many children become curious about social media while they are still in primary school. They may hear friends talking about it, see older siblings using it or ask for accounts themselves. While this curiosity is completely natural, most social media platforms are designed for teenagers and adults, not younger children.

Popular social media platforms, such as **TikTok**, **Instagram**, **Snapchat** and **YouTube**, set a minimum age of 13 for creating an account. These limits are largely linked to online data and advertising regulations rather than a guarantee that the platforms are suitable for young children and teenagers.

In reality, many of the conversations, videos and images shared on these platforms are created by and for older teenagers and adults. This means children may easily come across content, language or ideas that are confusing, upsetting or simply not appropriate for their age. Even for children who are 13 or older, these platforms often require careful guidance and supervision from adults.

For younger children in primary school, social media can therefore expose them to online spaces that they are not yet ready to manage safely or confidently.

## How to talk to your child about social media

When children ask about social media, a calm and open conversation can help them understand the reasons behind family rules.



### Explain the purpose of age limits

Let children know that these rules exist to help keep them safe.



### Focus on readiness rather than punishment

Frame it as something they will be able to explore when they are older and better prepared.



### Acknowledge their feelings

Children may feel frustrated when friends seem to have access. Listening to their feelings helps them feel understood.



### Keep the conversation ongoing

Rather than a single "no," make it an ongoing discussion about online safety and responsibility.

## Conversation starters

If you are unsure how to begin the conversation, these prompts can help:

- "I know lots of children talk about social media. Have you heard people at school talking about it?"
- "What do you know about apps like TikTok or Instagram?"
- "Some apps are designed for teenagers rather than younger children. Do you know why that might be?"
- "Our job as parents is to help keep you safe while you're still learning about the online world."

## Why waiting matters

Choosing to delay social media use can help children in several important ways.

### Protecting emotional wellbeing

Social media often includes comments, likes and comparisons that can affect children's confidence and self-esteem.

### Reducing exposure to unsuitable content

Even with filters and controls, children may come across upsetting, confusing or inappropriate material.

### Supporting healthy friendships

Children benefit most from learning social skills through face-to-face interaction, play and real-world experiences.

### Helping children build digital skills gradually

As children grow older, they develop stronger judgement, critical thinking and resilience that help them manage online environments safely.