



Freshwater & Yarmouth C.E. Primary

<http://www.fosay.co.uk>

The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

Attendance

Target – 100%

This week – 95.32%

This Year – 93.74%

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.



Dates for your Diary

Thurs 16th April – Year 6 UKSA Test the Water Trip

Thurs 16th April – Year 5 Houses of Parliament Trip

Tuesday 21st April – Reception Class Open Day

Thurs 23rd April – Year 5 Wonderstruck Rocket Show Trip

Friday 24th April – Year 4 Sharing Worship

Friday 1st May – Year 2 Windsor Castle Trip

Friday 8th May – Year 5 First UKSA Sailing Lesson

Menu for the week ahead

Summer Menu - Week 2

Monday – Cheese and Tomato
Pizza or Tex Mex Vegetable Wrap

Banana Oat Bite

Tuesday – Beef Burger or Beany
Vegetable Burger

Lemon Cookie

Wednesday – Roast Gammon or
Bean and Cheese Pastry
Turnover

Caramel Mousse

Thursday – Chicken and
Vegetable Korma or Macaroni
Cheese

Chocolate Brownie

Friday – Fish Fingers or Quorn
Dippers

Strawberry Ice Cream

**Jacket potatoes and pasta are
available every day.**

**Baguettes are available on Tuesdays
and Thursdays**

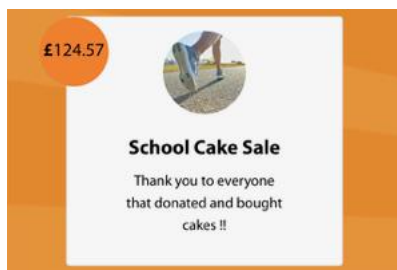
Frankie's Cake Sale!

Dear Parents / Carers,

On Friday 27th March one of our students in Year 6,
Frankie, held a cake sale in support of SANDS:
<https://www.sands.org.uk/>

We'd like to say a huge well done to Frankie for raising a
whopping £124.57!

A huge thank you to everyone who donated or bought a
cake! Thank you so much for your support, it means a lot.



School Details

Email – yarmouth@fosay.co.uk

Phone – 01983 7603456

Website – fosay.co.uk



“If it is possible, as far as it depends
on you, live at peace with everyone.”
— Romans 12:18

Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

Our Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.

The Conscious Community

Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

Conscious = Aware

Community = All together



RESPECT



RESILIENCE



RELATIONSHIPS

Holiday Club

We are pleased to say we will offer a Holiday Club during half terms.

- Please note that Holiday Club can only run if we have enough children to make it financially viable.
- The cost will be £5.00 per hour until April, when this will also be reviewed.

If you would like to register for Holiday Club please ask for the forms from the Primary School Office and return them to the Little Stars Reception when complete.

From May half term onwards, the holiday club hourly rate will increase to £5.50 per hour. This increase helps us cover rising staffing costs and continue providing a high-quality provision for the children. Thank you for your understanding and cooperation.



Gold Awards for 20th March were:



Beach Class: Mabel, Harper, Roman and Harlow

Cove Class: The Whole Class!

Bay Class: Hadley, Theos, Kara, Thea Cripps, and Amelia

River Class: Archie, Bella, and Renat

Coast Class: Ria, Jack, and Leighton

Solent Class: The Whole Class!

Ocean Class: Lily B, Ewan, and Shanika



Mr Westhorpe's Golden Boot Award

The Golden Boot this week goes to **Barnabas Biggs!** For his excellent energy and attitude in his first football match for school



Outdoor learning Golden Wellie Award

The Golden Wellie goes to Shalfleet this week.



📅 Class Attendance last week

Well done to **Bay Class** for receiving **98.57% attendance** for last week.

Well done everyone!



Birthdays

6th April – 19th April

Thea Cooper

Kaiden Vickery

Octavia Brocklehurst

Lucas Mckenna

Makayla Gates

Kassi-Ann Wills

Eli Day



Sports Tokens

Osbourne - 23

Lifeboat - 26

Needles - 22

Lighthouse - 12

Well done to for collecting the most tokens this week.

Well done!

🚫 WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

Isle of Wight SENDIASS Online Workshops

- Free impartial advice relating to SEND for 0-25 years.
- Confidential sessions not recorded.
- Peer support, talking to others experiencing a similar journey.
- A dedicated session with an experienced support worker

28 APR
10:00

Responding to a draft EHCP
If you are in that critical time frame having received your draft

6 MAY
12:30

Alternative Provision
What constitutes as a suitable education in relation to section 19 of the education act

13 MAY
13:00

Responding to a draft EHCP
If you are in that critical time frame having received your draft

13 MAY
17:30

Appeals to SEND Tribunal
A step-by-step guide through the appeals process

18 MAY
12:00

Considering an EHC Plan?
Independent and impartial information to guide you through the process

19 MAY
10:00

Ordinarily Available Provision and SEN Support
Looking at support available for those who do not have an EHCP

www.iowsendiass.org.uk/workshops

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Talking to children about what's happening in the world

Many of the events happening around the world are discussed frequently in the news and on social media. Even if adults try to shield children from it, they often pick up snippets of conversations, headlines or comments from other children. Because of this, children may already have partial information, misunderstandings or worries that they have not shared.

For primary-aged children, it is usually better that the trusted adults in their lives help them make sense of what they are hearing. When parents and carers talk openly and calmly about world events, it helps children feel safe, supported and able to ask questions.

The goal is not to give lots of detail or expose children to distressing information. Instead, it is about helping them understand the basics, reassuring them that they are safe and reminding them that many people are working hard to help.

HOW PARENTS AND CARERS CAN APPROACH THE CONVERSATION

START BY LISTENING

Ask what your child has already heard. This helps you understand their level of knowledge and whether they are worried about something specific.

KEEP EXPLANATIONS SIMPLE AND FACTUAL

Use clear language and avoid too many details. Answer the question they asked rather than giving long explanations.

OFFER REASSURANCE

Remind children that they are safe and that many adults, leaders, helpers and communities are working to solve problems and keep people safe.

FOCUS ON HELPERS AND POSITIVE ACTIONS

Children find comfort in knowing that people help each other in difficult situations.

FOLLOW YOUR CHILD'S LEAD

Some children will want to ask lots of questions; others may only want a brief explanation. Both responses are normal.

CONVERSATION STARTERS YOU COULD USE

Parents/carers sometimes find it difficult to know how to begin these discussions. The following questions and sentence starters can help open the door:

1 "Have you heard anyone talking about what's happening in the news lately?"

2 "What have you heard about what's going on in the world at the moment?"

3 "How did that make you feel when you heard about it?"
"Do you have any questions about it?"

4 "Sometimes the news can sound a bit scary. If you ever hear something that worries you, you can always talk to me about it."

5 "There are lots of people working very hard to help others and make things better."

Why these conversations matter

Talking about world events in a calm and supportive way can help children to:

- feel safe and reassured by hearing information from a trusted adult
- correct misunderstandings they may have picked up from others
- develop emotional awareness by talking about feelings and worries
- build resilience and empathy by learning how people help each other during difficult times.

When children are not given opportunities to talk, they sometimes fill in the gaps with their imagination, which can make things feel scarier than they really are.

Top tip: Use child-friendly news

- If your child is interested in finding out more, it can help to use news sources designed specifically for children. Programmes such as BBC Newsround explain current events in a clear, age-appropriate way that avoids unnecessary distress.

SPOTLIGHT ON SAFEGUARDING

Why social media isn't appropriate for primary-aged children

Many children become curious about social media while they are still in primary school. They may hear friends talking about it, see older siblings using it or ask for accounts themselves. While this curiosity is completely natural, most social media platforms are designed for teenagers and adults, not younger children.

Popular social media platforms, such as **TikTok, Instagram, Snapchat and YouTube**, set a minimum age of 13 for creating an account. These limits are largely linked to online data and advertising regulations rather than a guarantee that the platforms are suitable for young children and teenagers.

In reality, many of the conversations, videos and images shared on these platforms are created by and for older teenagers and adults. This means children may easily come across content, language or ideas that are confusing, upsetting or simply not appropriate for their age. Even for children who are 13 or older, these platforms often require careful guidance and supervision from adults.

For younger children in primary school, social media can therefore expose them to online spaces that they are not yet ready to manage safely or confidently.

How to talk to your child about social media

When children ask about social media, a calm and open conversation can help them understand the reasons behind family rules.

-  **Explain the purpose of age limits**
Let children know that these rules exist to help keep them safe.
-  **Focus on readiness rather than punishment**
Frame it as something they will be able to explore when they are older and better prepared.
-  **Acknowledge their feelings**
Children may feel frustrated when friends seem to have access. Listening to their feelings helps them feel understood.
-  **Keep the conversation ongoing**
Rather than a single "no," make it an ongoing discussion about online safety and responsibility.

Conversation starters

If you are unsure how to begin the conversation, these prompts can help:

- "I know lots of children talk about social media. Have you heard people at school talking about it?"
- "What do you know about apps like TikTok or Instagram?"
- "Some apps are designed for teenagers rather than younger children. Do you know why that might be?"
- "Our job as parents is to help keep you safe while you're still learning about the online world."

Why waiting matters

Choosing to delay social media use can help children in several important ways.

Protecting emotional wellbeing

Social media often includes comments, likes and comparisons that can affect children's confidence and self-esteem.

Reducing exposure to unsuitable content

Even with filters and controls, children may come across upsetting, confusing or inappropriate material.

Supporting healthy friendships

Children benefit most from learning social skills through face-to-face interaction, play and real-world experiences.

Helping children build digital skills gradually

As children grow older, they develop stronger judgement, critical thinking and resilience that help them manage online environments safely.

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Sunday, 10 May 2026

Sign-up now: mountbatten.org.uk



WIGHTLINK
ISLE OF WIGHT FERRIES

Meet the Team

Wightlink customer drop-in



Yarmouth Sailing Club, 17:30 - 19:30

22 APRIL 2026

Come along to ask questions and speak to our management team about our services.

FOR PARENTS/CARERS

“youth trust”

Anger Parent Information Session at Chale Hub

Wednesday June 10th 10-11 am

THIS SESSION WILL BE FACILITATED BY OUR WELLBEING PRACTITIONER AND WILL BE A SAFE SPACE FOR PARENTS OF 8-18YR OLDS TO GET INFORMATION AND PEER SUPPORT.

The session will centre around ways of supporting your young person with their anger. There will also be an opportunity for discussion and to ask questions.

Book your place on Eventbrite)
by scanning the QR code



Chale Hub 10-11 am

Spanners Close, Chale, Ventnor
PO38 2HY



eventbrite

SCAN ME



Corf Scout Camp Open Day

Saturday 2 May 2026

10:00am - 4:00pm

Corf Road, Shalfleet, PO30 4NT

Try something new:

- Archery
- Boulder Wall
- Frisbee Golf
- Kayaking*
- Shooting
- Tomahawks
- Open Fire Cook
- Climbing/High Ropes

All welcome -
you don't have to
be a Scout. Bring
the whole family
along.

Many activities. Refreshments.

Parking £5 per car at

What3Words: ///orders.twit.pace

*Water activities dependent on tide and conditions - swimwear & change of clothes required. No open toed shoes. All activities dependent on availability of time and volunteers. No unaccompanied children.



No dogs
Except guide dogs
and assistance dogs

Scouts
Isle Of Wight

www.corfcamp.org.uk



Parent and Caregiver Peer Support Sessions

11 th June 2026 (9am – 11am)	Cowes Family Centre
16 th July 2026 (9am – 11am)	Carisbrook & Gunville Church
16 th September 2026 (9am – 11am)	Ventnor Family Centre
16 th October 2026 (9am – 11am)	Sandown Family Centre
18 th November 2026 (9am – 11am)	Carisbrook & Gunville Church
13 th January 2027 (9am – 11am)	Carisbrook & Gunville Church
10 th February 2027 (9am – 11am)	Carisbrook & Gunville Church



Drop in for a chat, a cuppa and shared experiences

No booking needed



Isle of Wight
Neurodiversity
Team

Cowes Family Centre –
Love Lane, Cowes PO31 7ET
Carisbrook & Gunville Church
Gunville Road, Newport
PO30 5LS
Ventnor Family Centre
Albert Street, Ventnor PO38 1EZ
Sandown Family Centre
The Fairway, Sandown PO36 9EQ

SAINT GEORGE'S DAY

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Thursday
23rd April

Chartwells

SAINT GEORGE'S DAY

MAINS
Cottage Pie or Vegetarian Cottage Pie (V)

SIDES
Peas, Carrots and Gravy

DESSERTS
Chocolate Fudge Cake

*Menus may be subject to change

Chartwells