

Forest School sessions are flexible and responsive. Planned activities may change due to weather, safety considerations, or the children's interests and needs on the day.

<b><u>Autumn</u></b> <b><u>1</u></b> <b><u>2025/26</u></b>		<b><u>Lesson plan</u></b>	<b><u>Long term plan</u></b>		
Week 2	Reception	Introduction to how FS works, rules and boundaries, explore FS garden and try and find some minibeasts.	<b><u>Reception:</u></b> <b><u>Skills:</u></b> Exploring safely <ul style="list-style-type: none"> <li>- Listening to boundaries</li> <li>- Using senses</li> <li>- Turn taking</li> </ul> <b><u>Outcome:</u></b> Children to feel secure in the outdoors, and follow simple rules.		
	Year 1	Re-introduce how FS works, rules and boundaries, look for minibeasts and play find me this colour. Explore FS garden.			
	Year 2	Re-introduce how FS works, rules and boundaries, look for minibeasts and play find me this colour. Explore FS garden.			
	Year 3	Re-introduce how FS works, rules and boundaries, mud kitchen play and Go Find It game.			
Week 3	Reception	Introduction to how FS works, rules and boundaries, explore FS garden and try and find some minibeasts.		<b><u>Year 1:</u></b> <b><u>Skills:</u></b> Carrying sticks safely <ul style="list-style-type: none"> <li>- Tidying site</li> <li>- Simple knots</li> <li>- Identifying minibeasts</li> <li>- Turn taking</li> </ul> <b><u>Outcome:</u></b> Can follow instructions and start to complete simple independent tasks.	
	Year 1	Re-introduce how FS works, rules and boundaries, look for minibeasts and play find me this colour. Explore FS garden.			
	Year 2	Re-introduce how FS works, rules and boundaries, look for minibeasts and play find me this colour. Explore FS garden.			
	Year 3	Re-introduce how FS works, rules and boundaries, mud kitchen play and Go Find It game.			
Week 4	Reception	Mud kitchen free play, minibeast hunt and find me this colour game			<b><u>Year 2:</u></b> <b><u>Skills:</u></b> Team problem solving <ul style="list-style-type: none"> <li>- Basic shelter building</li> <li>- Respecting wildlife</li> </ul> <b><u>Outcome:</u></b> Collaborate in small groups confidently.
	Year 1	Scavenger hunts, minibeast hunts and play go find it.			
	Year 2	Minibeast hunts, go find it game and mud kitchen free play.			
	Year 3	Free play in the FS garden, supervised practice of fire striking.			
Week 5	Reception	Mud kitchen free play, minibeast hunt and find me this colour game	<b><u>Year 3:</u></b> <b><u>Skills:</u></b> Risk spotting		
	Year 1	Scavenger hunts, minibeast hunts and play go find it.			
	Year 2	Minibeast hunts, go find it game and mud kitchen free play.			
	Year 3	Free play in the FS garden, supervised practice of fire striking.			
Week 6	Reception	Sensory play and mud kitchen. Supported Imaginative play			
	Year 1	Leaf art, simple knot tying and free roam play.			
	Year 2	Shelter Building with tarps.			

	Year 4	Re-introduction how FS works, rules and boundaries, search for minibeasts. Free play in the mud kitchen.	<ul style="list-style-type: none"> <li>- Using fire strikers whilst supervised</li> <li>- Knots</li> </ul> <p><u>Outcome:</u> Start controlled risk taking.</p> <p><b>Year 4:</b> <u>Skills:</u> Risk spotting</p> <ul style="list-style-type: none"> <li>- Controlled risk taking</li> </ul> <p><u>Outcome:</u> Start controlled risk taking.</p>
Week 7	Reception	Sensory play and mud kitchen. Supported Imaginative play	
	Year 1	Leaf art, simple knot tying and free roam play.	
	Year 2	Shelter Building with tarps.	
	Year 4	Re-introduction how FS works, rules and boundaries, search for minibeasts. Free play in the mud kitchen.	

<b><u>Autumn</u></b> <b><u>2</u></b> <b><u>2025/26</u></b>		<b><u>Lesson Plan</u></b>	<b><u>Long term plan</u></b>
Week 1	Reception	Nature collage, mud kitchen and free play.	<p><b><u>Reception:</u></b> <u>Skills:</u> Fine motor development</p> <ul style="list-style-type: none"> <li>- Creative expression</li> <li>- Exploring with textures</li> </ul> <p><u>Outcome:</u> Pupils create simple nature art and describe basic textures.</p> <p><b><u>Year 1:</u></b> <u>Skills:</u> Planting</p> <ul style="list-style-type: none"> <li>- Care for living creatures and plants</li> </ul> <p><u>Outcome:</u> To complete simple crafts and tasks independently.</p> <p><b><u>Year 2:</u></b> <u>Skills:</u> Consistently following the safety rules</p> <ul style="list-style-type: none"> <li>- Planting and seeding</li> <li>- Care for living things</li> </ul> <p><u>Outcome:</u> Able to persist with tasks.</p>
	Year 1	Minibeast hunt, exploring area for planting. Discuss why trees lose their leaves.	
	Year 2	Minibeast hunt, exploring area for planting. Discuss why trees lose their leaves.	
	Year 4	Fire safety, learning the fire triangle and roasting marshmallows on an open fire.	
Week 2	Reception	Nature collage, mud kitchen and free play.	
	Year 1	Minibeast hunt, exploring area for planting. Discuss why trees lose their leaves.	
	Year 2	Minibeast hunt, exploring area for planting. Discuss why trees lose their leaves.	
	Year 4	Fire safety, learning the fire triangle and roasting marshmallows on an open fire.	
Week 3	Reception	Mud painting on trees, mud kitchen and free play. Colour game.	
	Year 1	Planting daffodil bulbs, safely using trowels. Free play	
	Year 2	Planting daffodil bulbs, safely using trowels. Free play	
	Year 5	Re-introduction how FS works, rules and boundaries, and imaginative play in FS Garden.	
Week 4	Reception	Mud painting on trees, mud kitchen and free play. Colour game.	
	Year 1	Planting daffodil bulbs, safely using trowels. Free play	
	Year 2	Planting daffodil bulbs, safely using trowels. Free play	
	Year 5	Re-introduction how FS works, rules and boundaries, and imaginative play in FS Garden.	

Week 5	Reception	Small animal shelter building, and free play.	<p><b><u>Year 4 &amp; 5 &amp; 6:</u></b>  <u>Skills:</u> Fire safety</p> <ul style="list-style-type: none"> <li>- Learning the fire triangle</li> </ul> <p><u>Outcome:</u> Pupils to understand risks associated with fire</p>
	Year 1	Small animal shelter building, mud kitchen play and Go find it game.	
	Year 2	Small animal shelter building, mud kitchen play and Go find it game.	
	Year 5	Fire safety, learning about the fire triangle and understanding risks associated with fire. Roasting marshmallows on an open fire.	
Week 6	Reception	Roasting marshmallows on an open fire.	
	Year 1	Roasting marshmallows on an open fire.	
	Year 2	Roasting marshmallows on an open fire.	
	Year 5	Fire safety, learning about the fire triangle and understanding risks associated with fire. Roasting marshmallows on an open fire.	
Week 7	Reception	Roasting marshmallows on an open fire.	
	Year 1	Roasting marshmallows on an open fire.	
	Year 2	Roasting marshmallows on an open fire.	
	Year 6	Re-introduction how FS works, rules and boundaries, fire safety, learning about fire triangle and roasting marshmallows on open fire.	

<b><u>Spring 1</u></b> <b><u>2025/26</u></b>		<b><u>Lesson Plan</u></b>	<b><u>Long term plan</u></b>
Week 1	Reception	Small animal shelter building and free play.	<p><b><u>Reception:</u></b>  <u>Skills:</u> Observing wildlife</p> <ul style="list-style-type: none"> <li>- Discuss seasonal changes</li> </ul> <p><u>Outcome:</u> Describe weather changes and name a few animals or birds in the FS garden.</p>
	Year 1	Small animal shelter building, mud kitchen play and Go find it game.	
	Year 2	Small animal shelter building, mud kitchen play and Go find it game.	
	Year 6	Re-introduction how FS works, rules and boundaries. Re-find love for nature by team building games and explorative play.	
Week 2	Reception	Observing wildlife, feeding the birds and mud kitchen play.	<p><b><u>Year 1:</u></b>  <u>Skills:</u> Weather awareness</p> <ul style="list-style-type: none"> <li>- Counting and measuring outdoors.</li> </ul> <p><u>Outcome:</u> Explain how animals stay warm and being able to build simple structure.</p>
	Year 1	Gathering resources, separating into sizes and counting. Play colour game.	
	Year 2	Gathering resources, separating into sizes and counting. Play colour game.	
	Year 6	Re-find love for nature by team building games and explorative play.	
Week 3	Reception	Observing wildlife, feeding the birds and mud kitchen play.	
	Year 1	Gathering resources, separating into sizes and counting. Play colour game.	
	Year 2	Gathering resources, separating into sizes and counting. Play colour game.	
	Year 6	Fire safety, learning about the fire triangle and roasting marshmallows on an open fire.	

Week 4	Reception	Discuss why trees lose their leaves and different changes that happen in the forest depending on weather. Leaf play.	<p><b>Year 2:</b>  <u>Skills:</u> Teamwork  - Weather awareness  <u>Outcome:</u> Working on a task independently and as a group.</p> <p><b>Year 3:</b>  <u>Skills:</u> Fire lighting and safety  - Learning the fire triangle  - Learn how to safely use spades and forks.  <u>Outcome:</u> Pupils to understand risks associated with fire.</p> <p><b>Year 6:</b>  <u>Skills:</u> Fire management  - Team work outside of the classroom.  <u>Outcome:</u> Developing understanding of importance of nature</p>
	Year 1	Discuss why trees lose their leaves and different changes that happen in the forest depending on weather. Leaf play.	
	Year 2	Discuss why trees lose their leaves and different changes that happen in the forest depending on weather. Leaf play.	
	Year 3	Learning how to safely use forks and spades to create changes in the FS garden.	
Week 5	Reception	Discuss why trees lose their leaves and different changes that happen in the forest depending on weather. Leaf play.	
	Year 1	Discuss why trees lose their leaves and different changes that happen in the forest depending on weather. Leaf play.	
	Year 2	Discuss why trees lose their leaves and different changes that happen in the forest depending on weather. Leaf play.	
	Year 3	Learning how to safely use forks and spades to create changes in the FS garden.	
Week 6	Reception	Muddy play on the field, and in FS Garden. Exploring textures.	
	Year 1	Muddy play on the field, and in FS Garden. Exploring weather changes.	
	Year 2	Muddy play on the field, and in FS Garden. Exploring weather changes.	
	Year 3	Fire safety, learning the fire triangle and roasting marshmallows on an open fire.	