



Weekly Newsletter Thursday 15th January 2026

Freshwater & Yarmouth C.E. Primary

Attendance Matters

The purpose of the Federation of the Church Schools of Yarmouth and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love and respect, to help them to achieve the very best they can, now and throughout their lives.

<http://fosay.co.uk>

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe



RESPECT • RESILIENCE • RELATIONSHIPS

ATTENDANCE WHY IS IT IMPORTANT?

ABSENCE FROM SCHOOL

Children are required by law to attend school 190 days per year. The Government states that every pupil's attendance should be at least 95%.

How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

89% & Below
Drastic effect on academic achievement



95%-90%
Cause for concern



100%-96%
Excellent



Attendance

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.

Attendance Target

100%

Attendance for Last week

94.2%

Attendance This Year

93.8%

Important Information

Dates for your Diary

Friday 16th January – Year 2 Sharing
Friday 30th January – Year 1 Sharing
Friday 13th February – Year R Sharing
Thursday 22nd January – Where Are They Now?
Tuesday 10th February – Internet Safety Day
Thursday 5th February – Federation Family Quiz
Tuesday 27th January – Parent Forum
Wednesday 28th January – Adam Tucker Community Connector Drop In Service (9:00am – 12:00pm)

Happy New Year!

Wishing all our wonderful parents and carers a very happy (belated) New Year! Thank you for your continued support.

We hope your 2026 is filled with joy, memories, and special moments with your families.



Development Days

~~Monday 1st September 2025~~

~~Tuesday 2nd September 2025~~

~~Monday 5th January 2026~~

To be confirmed

Monday 27th July 2026

Menu for the week ahead

Week 1

Monday – Cheese and Tomato Pizza or BBQ Vegetable Wrap
Crunchy Apple Slice
Tuesday – Beef Bolognese or Vegetarian Bolognese
Strawberry Shortcake Mousse
Wednesday – Roast Pork or Roast Quorn
Apple Crumble
Thursday – Chinese Sticky Lemon Chicken or Cheesy Vegetable Hotpot
Chocolate Ice Cream
Friday – Fish Fingers or Quorn Dippers
Oat Cookie
Jacket potatoes and pasta are available every day.
Baguettes are available on Tuesdays and Thursdays

Half term countdown!

How many weeks until half term? **4 weeks**



Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.



RESPECT



RESILIENCE



RELATIONSHIPS

Attendance

We prioritise the attendance of all children at our school and recognise the very strong link between attendance and academic success.

When you register your child at our school, you have a legal duty to ensure that your child attends every day that the school is open except in a small number of circumstances such as being too ill to attend or being given permission for an absence in advance (not holidays).

We will work together to help overcome any attendance issues.



The Conscious Community

What is the conscious community?

Every person in our Federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

Conscious = Aware

Community = All together

How do I make sure I am part of this?

By thinking about both your actions/feelings and the actions/feelings of others through 3 important values:

Respect

- Celebrate your skills and talents
- Recognise what makes you great
- Be proud of what you achieve
- Celebrate other people's skills and talents
- Recognise what makes other people great
- Be proud of what other people achieve

Resilience

- thumb up icon - Making mistakes are great
- It's how we grow
- It is important we always respect them and learn from them
- Ask yourself these questions about your actions or the actions of others...
- Why do I/they feel this way?
- Did I/they handle that situation in the best possible way?
- What could I/they do to improve the situation?
- Did I/they do the best I/they could?
- What can we learn from this situation?
- How can we move forward positively?

Relationships

Show a good understanding of yourself and others by knowing what inspires you both, what you want, your beliefs, your needs and what can cause you and them to feel a certain way.

In situations ask yourself and others...

- What is my/their point of view?
- What are my/their reasons?
- How am I/they feeling?
- What am I/they bringing to this situation?

In a conscious community...

We are open

We are honest

We listen

We ask questions

We speak up

We respect privacy

Wellbeing

We acknowledge that mental health and wellbeing is of central importance and intrinsic to our lives.

We believe having a mentally healthy community is about being able to work together through any challenges and that everyone is feeling supported, heard, accepted, valued and empowered.

It is of paramount importance that if there is anything you feel is affecting your child's wellbeing or educational experience that you get in contact with us.

After School Club

We are delighted to share some exciting updates regarding our After School Care provision.

From January:

- After School Care will now take place in our Little Stars Preschool building.
- Extended finish times:
 - Monday–Thursday: 5:00 pm
 - Friday: 4:00 pm
- The cost will remain at £5 per hour until April, when this will be reviewed.
- The booking process for After School Care will remain the same, booking via the Arbor app.

Miss Whittle will continue caring for the children, supported by members of the preschool team.

Important: Please collect your child from Little Stars Preschool at the end of their After School Care session. If you need to contact After School Care, please call 01983 760345 (Option 1).

Morning Club will remain unchanged taking place in the school from 0745-0825.

Holiday Club

We are also pleased to announce that we plan to offer a Holiday Club starting in February half term.

- Please note that Holiday Club can only run if we have enough children to make it financially viable.
- The cost will be £5 per hour until April, when this will also be reviewed.

If you would like to register for Holiday Club please ask for the forms from the Primary School Office and return them to the Little Stars Reception when complete.

Mr Westhorpe's Golden Boot Award

Well done to **Amelie** for always being so helpful when setting up activities in the sports hall!



"Forget the former things; do not dwell on the past. See, I am doing a new thing!"

Isaiah 43:18-19

Outdoor learning Golden Wellie Award

Golden welly award goes to Odin Trueman this week.



Mr Westhorpe's joke of the week

How does a snowman lose weight?

He waits for warmer weather!



Gold Awards for last week were:

Beach Class: Rafael, Matilda, Toby, Harper, Poppy, Alice, Elizabeth, Aurora and George

Cove Class: Archie, Talliah, Oliver, and Norah

Bay Class: Tarique, Amelia, and Eli

River Class: Alfie, Zac, and Ada

Coast Class: Keira, Angelina, and Austin

Solent Class: Lily, Leif, and Sophia

Ocean Class: Amelie, Ruby, and Rufus



Class Attendance last week

Well done to **Cove Class** for receiving **98.61%** attendance for last week.

Well done everyone!



Birthdays

5th Jan – 18th Jan 2026

Arabella

Millie

Winter

Happy birthday to you!

Sports Tokens

Osbourne - 34

Lifeboat - 20

Needles - 37

Lighthouse - 78

Well done to **Lighthouse** for collecting the most tokens this week.

Well done!

School Details

Email – yarmouth@fosay.co.uk

Phone – 01983 7603456

Website – fosay.co.uk



Central Discos

"Entertainment that hits the target every time"

State of the art lighting effects

Full Public Liability Insurance

All events covered

Wedding Specialists

Tel: 01983 754050

www.centraldiscos.net



ARE YOU A WINNER?

Every Thursday, check under your plate for a winner sticker!

1. Clear your plate
2. Check if you have a sticker
3. If you do, show a member of kitchen staff
4. Collect your prize



Good luck!



WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

24 APPS PARENTS NEED TO KNOW ABOUT

This list is not exhaustive, and will be updated each year to reflect new risks and dangers

THESE APPS CAN EASILY BE USED AS GROOMING TOOLS BY ONLINE PREDATORS LOOKING TO MEET UP & SEXUALLY ABUSE CHILDREN. (UPDATED 2021)



FACEBOOK



FACEBOOK allows you to connect with others and share comments, photos and videos. You can add friends, write on people's pages and posts, join groups and play games.

WHATSAPP



WHATSAPP allows you to send messages, images and videos in 121 and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.

WHISPER



WHISPER is an anonymous social media app that promotes sharing personal secrets with strangers, (new people). It reveals a users location so people can meet up

ASK.FM



ASK.FM An app where users can anonymously ask questions and receive answers. The app has been featured in a number of cyber bullying cases.

BURN BOOK



BURN BOOK Anonymous rumours can be posted about people through audio messages, texts and photos.

SKOUT



SKOUT is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

TELLOYMN



TELLOYMN anonymous messenger app. It calls itself "the most honest place on the internet." Age controls are inconsistent and sexual explicit material can be found.

FACEBOOK MESSENGER



FACEBOOK MESSENGER Is one of the most popular message apps in the world. It has already heavily been used by predators and the end-to-end encryption will make it even more unsafe.

#CHILDABUSEHELP

CHILD ABUSE RESOURCES
WWW.CHILDABUSEHELP.ORG.UK

SNAPCHAT



SNAPCHAT Is one of the most popular apps in recent years. Whilst the app promises that photo's, videos and stories disappear, others can take screenshots of private photo's.

KIDSCHAT



KIDSCHAT.NET is a free online messaging app for children. You can talk to people you don't know on public forums and via private message. You can access the site as a guest.

CALCULATOR %



CALCULATOR % is only one of SEVERAL social media apps disguised as a calculator, the app is actually a secret photo vault to hide photos, videos, files and browser history.

YUBO



YUBO Similar to Tinder, the app is designed to allow teens to flirt with each other.

WISHBONE



WISHBONE This app allows users to compare kids and rate them on a scale.

MEET ME



MEET ME Is a dating social media app that allows users to connect with people based on geographic proximity. The app encourages people to meet in person.

Zoomerang



Zoomerang Is a popular app that looks like a harmless messaging app however it allows private anonymous messaging and is location enabled.

BADOO



BADOO is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

INSTAGRAM



INSTAGRAM Kids are creating fake accounts to hide content from their parents, according to police. Messages are also deleted once a user leaves a conversation.

SKYPE



SKYPE is a platform and app that lets you make audio and video calls to other people around the world. You can also send instant messages.

HOT ON NOT



HOT ON NOT Strangers rate a user's 'attractiveness' with the aim of real-world meet ups in your local area.

KIK MESSAGING KIK



KIK MESSAGING KIK is a messaging app that allows content normally filtered on a home computer.

GRINDR



GRINDR Is a dating app geared towards gay, bisexual and transgender people. The app allows people to chat, share and meet up in person based on a GPS location.

TIK TOK



TIK TOK Is one of the most popular apps in recent years used for sharing short videos with very limited privacy controls users are vulnerable to explicit material.

BUMBLE



BUMBLE is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts

OMEGLE



OMEGLE is a video chat website where users are matched randomly with strangers.



NSPCC HELPLINE
0800 800 5000

NNECA
WWW.NNECA.ORG.UK

As we move further into the term, we want to remind all settings of the key guidance available to help manage seasonal illnesses and keep pupils and staff well.

- [Education Hub Blog](#): Reducing the spread of illness this winter: Seven steps to healthier schools and higher school attendance – a helpful blog for parents and staff.
- [NHS Guidance for Parents](#): Is my child too ill for school? – a useful resource to help parents decide when children should stay at home.
- [Preventing and Controlling Infections Guidance](#): Includes advice on vaccination, ventilation, and good respiratory hygiene.
- [A-Z of managing Infectious Diseases](#): Practical guidance on managing specific illnesses.

By following and sharing these resources, settings can support healthier school environments and help maintain high attendance as far as possible throughout the winter months.

BILLY THE BRAVE

PACKED WITH SONGS & FUN, ESPECIALLY FOR YOUNGER AUDIENCES!

I.W. STORY FESTIVAL for children & families

AND THE BIG BAD WOLF!

ALL TICKETS £5.50

APOLLO THEATRE, NEWPORT
18th & 20th FEBRUARY
11am & 2:30pm

Tickets available from:
<https://booking.apollo-theatre.org.uk/>

QUAY ARTS
Registered Charity no. 272007

Quay Arts Centre, Newport
19th FEBRUARY
3pm
Tickets available from:
<https://www.iwstoryfestival.com/booking>

The Footprint Trust
Isle of Wight's Energy Charity

Want to cut your home energy bills?

FOR FREE HELP:

✉ info@footprint-trust.co.uk

📞 01983 82 22 82

🌐 www.footprint-trust.co.uk

Drop in: Newport Library every Monday
10:00am - 1:00pm

Reg. Charity No. 1106024

PSSCI
Premier School Sport Coaching

Half-Term SPORTS CAMP

16 & 17 FEBRUARY
AT LANESEND PRIMARY SCHOOL **FOR AGES 5-11**

FOOTBALL **BASKETBALL** **CRICKET**

Why Attend

- MULTI-SPORT TRAINING
- EXPERT COACHES
- DEDICATED RELAXATION AREA.
- SKILL-BUILDING, TEAMWORK & CONFIDENCE

Cost: £FREE
(if on income related Free School meals)
Funded by the Department of Education
- LUNCH AND SNACKS PROVIDED!!!
OR
£15 per day

Monday, 16th February and
Tuesday, 17th February -
Team Sports including Football,
Basketball, and Handball

For more information:
Email Andy Day -
psscldt@gmail.com or
phone/text 07970009509

Booking is ESSENTIAL -
Sign up today via the QR
code or via the link below

<https://eequ.org/book/pssc-haf-fun-sports-sessions-at-lanesend-pri-with-premier-school-sports-coaching-limited-23188>



Supported by

PSSCI
Premier School Sport Coaching

Half-Term FOOTBALL CAMP

THURSDAY 19 FEBRUARY **FOR AGES 5-11**
AT DOVER PARK PRIMARY SCHOOL

FOOTBALL

Why Attend

- MULTI-SPORT TRAINING
- EXPERT COACHES
- DEDICATED RELAXATION AREA.
- SKILL-BUILDING, TEAMWORK & CONFIDENCE
- LEAD COACH ANDY NORTH
FROM NEW ERA COACHING

Cost: £FREE
(if on income related Free School meals)
Funded by the Department of Education
- LUNCH AND SNACKS PROVIDED!!!
OR
£15 per day

Thursday 19th February -
Fundamental Football Skills,
individual challenges and mini
world cups for Boys and Girls.

For more information:
Email Andy Day -
psscldt@gmail.com or
phone/text 07970009509

Booking is ESSENTIAL -
Sign up today via the QR
code or via the link below

<https://eequ.org/book/pssc-haf-fun-sports-and-football-at-dover-park-with-premier-school-sports-coaching-limited-16253>



Supported by

PSSCI
Premier School Sport Coaching

Half-Term SPORTS CAMP

18 & 19 FEBRUARY
AT ST. FRANCIS PRIMARY SCHOOL **FOR AGES 5-11**

FOOTBALL **BASKETBALL** **CRICKET**

Why Attend

- MULTI-SPORT TRAINING
- EXPERT COACHES
- DEDICATED RELAXATION AREA.
- SKILL-BUILDING, TEAMWORK & CONFIDENCE

Cost: £FREE
(if on income related Free School meals)
Funded by the Department of Education
- LUNCH AND SNACKS PROVIDED!!!
OR
£15 per day

Wednesday 18th February and
Thursday 19th February
Team Sports including Football,
Basketball, and Handball

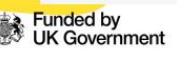
For more information:
Email Andy Day -
psscldt@gmail.com or
phone/text 07970009509

Booking is ESSENTIAL -
Sign up today via the QR
code or via the link below

<https://eequ.org/book/pssc-haf-fun-sports-club-st-francis-with-premier-school-sports-coaching-limited-16456>



Supported by

PSSCI
Premier School Sport Coaching

Half-Term BASKETBALL CAMP

FOR AGES 5-11
WEDNESDAY 18TH FEBRUARY
AT BARTON PRIMARY SCHOOL

BASKETBALL

Why Attend

- BASKETBALL TRAINING
- EXPERT COACHES
- DEDICATED RELAXATION AREA.
- SKILL-BUILDING, TEAMWORK & CONFIDENCE

Cost: £FREE
(if on income related Free School meals)
Funded by the Department of Education
- LUNCH AND SNACKS PROVIDED!!!
OR
£15 per day

For more information:
Email Andy Day -
psscldt@gmail.com or
phone/text 07970009509

Booking is ESSENTIAL -
Sign up today via the QR
code or via the link below

<https://eequ.org/book/pssc-haf-fun-sports-club-at-barton-with-premier-school-sports-coaching-limited-16050>



Supported by