



Freshwater & Yarmouth

C.E. Primary

The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

<http://fosay.co.uk>

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

RESPECT • RESILIENCE • RELATIONSHIPS

Attendance Matters



ATTENDANCE

WHY IS IT IMPORTANT?

ABSENCE FROM SCHOOL

Children are required by law to attend school 190 days per year. The Government states that every pupil's attendance should be at least 95%.

How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

89% & Below
Drastic effect on
academic achievement

95%-90%
Cause for
concern

100%-96%
Excellent



Attendance

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.

Attendance Target

100%

Attendance for Last week

87.91%

Attendance This Year

94.27%

Important Information

Dates for your Diary

Friday 5th December – Ocean Class to Sea City Museum

Tuesday 9th December – KS1 Christmas performance

Thursday 11th December – EYFS Nativity Performances

Friday 12th December – Christingle Service

Tuesday 16th December – Christmas Dinner and Christmas Jumper Day

Wednesday 17th December – Christmas Fair - Please see poster below

Thursday 18th December – Christmas Party Day

Friday 19th December – Christmas Worship

Friday 19th December – Last day before we finish for the Christmas Holidays – Finish at 1.30pm

Monday 5th January – Back to school for the new term

Menu for the week ahead

Week 2

Monday – Cheese and Tomato Pizza or Veggie Meat Feast Pizza

Chocolate Marble Cake

Tuesday – Chicken and Broccoli Pasta Bake

Apple Crumble

Wednesday – Roast Gammon or Vegetable Pastry Slice

Lemon Cookie

Thursday – BBQ Chicken or Spanish Vegetable Rice

Crunchy Chocolate Mousse

Friday – Fish Fingers or Quorn Dippers

Strawberry Jelly

Jacket potatoes and pasta are available every day.

Baguettes are available on Tuesdays and Thursdays

Sports News

The U11s football team travelled to Brighstone last week for a league game. Playing up the hill in the first half proved fruitful with goals from Ettie and Tommy giving Freshwater a 2-1 lead at half time. On a pretty cold afternoon it was the home side who had the better of the second half with one of their players scoring 4 himself in a 5-2 win for Brighstone. Onwards and upwards, next game is Shalfleet at home.

Development Days

~~Monday 1st September 2025~~

~~Tuesday 2nd September 2025~~

To be confirmed

To be confirmed

Monday 27th July 2026

Christmas countdown!

How many weeks until Christmas Day?

3 Weeks!



Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.



RESPECT



RESILIENCE




RELATIONSHIPS

Attendance

We prioritise the attendance of all children at our school and recognise the very strong link between attendance and academic success,

When you register your child at our school, you have a legal duty to ensure that your child attends every day that the school is open except in a small number of circumstances such as being too ill to attend or being given permission for an absence in advance (not holidays).

We will work together to help overcome any attendance issues.



The Federated Church Schools of
Skelton, Freshwater & Yarmouth

The Conscious Community

What is the conscious community?



Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

Conscious = Aware

Community = All together

How do I make sure I am part of this?

By thinking about both your actions/feelings and the actions/feelings of others through 3 important values:

Respect	Resilience	Relationships
<ul style="list-style-type: none"> - Celebrate your skills and talents - Recognise what makes you great - Be proud of what you achieve - Celebrate other people's skills and talents - Recognise what makes other people great - Be proud of what other people achieve 	 <ul style="list-style-type: none"> - Making mistakes are great - It's how we grow  - It is important we always respect them and learn from them - Ask yourself these questions about your actions or the actions of others... - Why do I/they feel this way? - Did I/they handle that situation in the best possible way? - What could I/they do to improve the situation? - Did I/they do the best I/they could? - What can we learn from this situation? - How can we move forward positively? 	<p><i>Show a good understanding of yourself and others by knowing what inspires you both, what you want, your beliefs, your needs and what can cause you and them to feel a certain way.</i></p> <p><i>In situations ask yourself and others...</i></p> <ul style="list-style-type: none"> - What is my/their point of view? - What are my/their reasons? - How am I/they feeling? - What am I/they bringing to this situation?

In a conscious community...

<p><i>We are open</i></p> <p><i>We ask questions</i></p>	<p><i>We are honest</i></p> <p><i>We speak up</i></p>	<p><i>We listen</i></p> <p><i>We respect privacy</i></p>
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Wellbeing

We acknowledge that mental health and wellbeing is of central importance and intrinsic to our lives.

We believe having a mentally healthy community is about being able to work together through any challenges and that everyone is feeling supported, heard, accepted, valued and empowered.

It is of paramount importance that if there is anything you feel is affecting your child's wellbeing or educational experience that you get in contact with us.

Christmas Dinner and Jumper Day

Our Christmas dinner will be on Tuesday 16th December. If you would like your child to have a Christmas dinner, please book in via Arbor **before Friday 5th December**. We will not be able to take anymore bookings after this date.

There will be no option of jacket potato or pasta on this day. Please provide your child with a packed lunch if they are not having the main meal.

Also, your child may come to school in a Christmas Jumper on this day.

If you have any queries, please contact the school office

Mufti Day

We are having a mufti day this Friday in exchange for donations for the Christmas Fair.

The PTA are looking for donations of Christmas decorations, Christmas clothing, toys and gifts.



Mr Westhorpe's Golden Boot Award

Well done to **Savannah** for showing resilience within PE playing basketball.



Christmas Holidays

School will finish on Friday 19th December at 1.30pm for the Christmas holidays.

There will be no after school club on this day.

Monday 5th January 2026 – Return to school

When they saw the star, they rejoiced with great joy!

Matthew 2:10

Outdoor learning Golden Wellie Award

Well done to **Ryan** for winning the Golden Welly award for last week!



Mr Westhorpe's joke of the week

How do Santa's elves respond when he takes the register?

Present!



Gold Awards for last week were:

Beach Class: Brax, Rex, Roman and Nico

Cove Class: Reggie, Tobias, Darcie F and Darcie S

Bay Class: Henry, Orin and Finn-Lee

River Class: The Whole Class

Coast Class: On a school trip

Solent Class: Ava, Ryan and Freddie

Ocean Class: Kaiden, Octavia and Freddie



Class Attendance last week

Well done to **Cove Class** for receiving **96.67% attendance** for last week.

Well done everyone!



Birthdays

8th Dec – 14th Dec

Jacob

Tommy

Haizel

Happy birthday to you!

Sports Tokens

Osbourne - 23

Lifeboat - 35

Needles - 48

Lighthouse - 18

Well done to **Needles** for collecting the most tokens this week.

Well done!

School Details

Email – yarmouth@fosay.co.uk

Phone – 01983 7603456

Website – fosay.co.uk



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Merry Christmas!

December Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Decreasing Depression	1 DEC 10am
Raising Self Esteem	1 DEC 7pm
Understanding the Teenage Brain	2 DEC 10am
Supporting Healthy Sleep	2 DEC 7pm
Autism - Improving Communication	8 DEC 10am
Improving Family Communication	8 DEC 7pm
Supporting A Child with ADHD	9 DEC 10am
Understanding Addictive Behaviour	9 DEC 7pm
Anxiety Based School Avoidance	15 DEC 10am
Understanding Anger	15 DEC 7pm
Supporting Healthy Screen Use	16 DEC 10am
Facing Defiance	16 DEC 7pm

WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

24 APPS PARENTS NEED TO KNOW ABOUT

This list is not exhaustive, and will be updated each year to reflect new risks and dangers

THESE APPS CAN EASILY BE USED AS GROOMING TOOLS BY ONLINE PREDATORS LOOKING TO MEET UP & SEXUALLY ABUSE CHILDREN. (UPDATED 2021)



FACEBOOK

FACEBOOK allows you to connect with others and share comments, photos and videos. You can add friends, write on people's pages and posts, join groups and play games.

SNAPCHAT

SNAPCHAT is one of the most popular apps in recent years. Whilst the app promises that photo's, videos and stories disappear, others can take screenshots of private photo's.

INSTAGRAM

INSTAGRAM Kids are creating fake accounts to hide content from their parents, according to police. Messages are also deleted once a user leaves a conversation.

WHATSAPP

WHATSAPP allows you to send messages, images and videos in 121 and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.

KIDSCCHAT

KIDSCCHAT.NET is a free online messaging app for children. You can talk to people you don't know on public forums and via private message. You can access the site as a guest.

SKYPE

SKYPE is a platform and app that lets you make audio and video calls to other people around the world. You can also send instant messages.

WHISPER

WHISPER is an anonymous social media app that promotes sharing personal secrets with strangers. (new people). It reveals a users location so people can meet up

CALCULATOR %

CALCULATOR % is only one of SEVERAL social media apps disguised as a calculator, the app is actually a secret photo vault to hide photos, videos, files and browser history.

HOT ON NOT

HOT ON NOT Strangers rate a user's 'attractiveness' with the aim of real-world meet ups in your local area.

ASK.FM

ASK.FM An app where users can anonymously ask questions and receive answers. The app has been featured in a number of cyber bullying cases.

YUBO

YUBO Similar to Tinder, the app is designed to allow teens to flirt with each other.

KIK MESSAGING Kik

KIK MESSAGING Kik is a messaging app that allows content normally filtered on a home computer.

BURN BOOK

BURN BOOK Anonymous rumours can be posted about people through audio messages, texts and photos.

WISHBONE

WISHBONE This app allows users to compare kids and rate them on a scale.

GRINDR

GRINDR is a dating app geared towards gay, bisexual and transgender people. The app allows people to chat, share and meet up in person based on a GPS location.

SKOUT

SKOUT is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

MEET ME

MEET ME is a dating social media app that allows users to connect with people based on geographic proximity. The app encourages people to meet in person.

TIK TOK

TIK TOK is one of the most popular apps in recent years used for sharing short videos with very limited privacy controls users are vulnerable to explicit material.

TELLOYMN

TELLOYMN anonymous messenger app. It calls itself "the most honest place on the internet." Age controls are inconsistent and sexual explicit material can be found.

Zoomerang

Zoomerang is a popular app that looks like a harmless messaging app however it allows private anonymous messaging and is location enabled.

BUMBLE

BUMBLE is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts

FACEBOOK MESSENGER

FACEBOOK MESSENGER is one of the most popular message apps in the world. It has already heavily been used by predators and the end-to end encryption will make it even more unsafe.

BAD00

BAD00 is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

OMEGLE

OMEGLE is a video chat website where users are matched randomly with strangers.

#CHILDAUSEHELP
CHILD ABUSE RESOURCES
WWW.CHILDAUSEHELP.ORG.UK

NSPCC HELPLINE
0800 800 5000

NNECA
NATIONAL NETWORK TO END CHILD ABUSE
WWW.NNECA.ORG.UK



SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Primary | December 2025



As Christmas approaches, many families are planning to surprise their children with a new phone, tablet, or gaming device under the tree. It's an exciting time - new technology opens doors to creativity, learning and connection. But it also brings a fresh set of questions about what apps and online spaces children might explore.

With so many options available, it's natural to wonder which apps are suitable for children and how to ensure they have positive experiences online. To help families navigate these decisions, here is a closer look at some of the most concerning apps and platforms.

In this issue:

- New devices, new apps
- New devices, safe starts



Reddit

What is it?

Reddit is an extensive online discussion platform with 'Subreddits' on various topics.

What are the risks?

It features unmoderated or explicit content, including adult themes and misinformation. Users can privately chat with others through comments or direct messages.



Kik

What it is?

A messaging app that allows users to send texts, photos and videos without linking to a phone number - only a username is needed.

What are the risks?

Kik has minimal age verification and a reputation for anonymous interactions. Children can be contacted by strangers and messages can't easily be monitored.



Telegram

What it is?

A messaging service known for encrypted chats and large group channels, often used for community discussions or file sharing.

What are the risks?

Telegram's 'secret chats' and disappearing messages make it difficult for parents to supervise activity. Some public groups share mature or illegal content.



Vault apps

What they are?

Apps designed to hide photos, videos or other apps behind a disguised icon or password. Some look like calculators or utilities.

What are the risks?

Used to conceal messages or content. If you notice one installed, it's worth having an open conversation rather than assuming wrongdoing - curiosity often drives their use.

Before your child dives into their new device, it's worth taking a moment to explore which apps are right for them. Here are a few simple ways to make sure the apps they use are age-appropriate and child-friendly.

How to choose child friendly apps:



Explore together

Look at new apps with your child before downloading. Ask what they like and talk about what feels safe to use.



Check beyond the age rating

App store ratings aren't always enough - read reviews and see what kinds of chats, ads or purchases are involved.



Choose creative options

Favour apps that help children build, draw, learn or create rather than just scroll or chat.



Set up safety tools together

Turn on privacy settings, block in-app purchases and set screen time limits as a team.



Keep talking

Ask regularly what apps they're using and how they feel about them. Open chats build trust and awareness.

SPOTLIGHT ON SAFEGUARDING

Giving devices safely this Christmas.

Getting a new device for Christmas is exciting - it can open a world of learning, creativity and connection. But it also introduces children to a digital world that isn't always designed with their safety in mind. Setting clear boundaries and protective measures early on helps children learn to use technology in healthy, balanced and age-appropriate ways.

Without guidance, young users can stumble into areas of concern: social media platforms that encourage comparison and oversharing gaming chats that expose them to strangers or apps that collect more personal data than you might expect. These risks don't mean children shouldn't enjoy their new devices - they simply mean they need structure and support to navigate them confidently.

Here are some ways to make sure your child's first steps with a new device are positive ones:



1. Set it up before it gets wrapped.

Before gifting the device, take time to install updates, set parental controls and review privacy settings. This includes switching on filters, limiting app store access and setting up family accounts. Doing this ahead of time keeps Christmas morning focused on joy rather than set up stress - and gives you peace of mind from the start.



2. Agree on clear expectations.

Talk as a family about when and where the device can be used. For example, no phones at the dinner table or gaming at bedtime. These routines help children learn balance and prevent screen time from creeping into every moment of the day.



3. Talk about social media early.

Many social platforms have age limits (typically 13+), but children often feel pressure to join sooner. Keep the conversation open about why these limits exist, what 'friends' really means online and how to handle content that feels uncomfortable or unkind.



4. Guide them through gaming safely.

Games are fun and social, but online play can include chats with strangers or in-game purchases. Encourage your child to only play with people they know, keep personal details private and tell you if something doesn't feel right. Use built-in parental settings on consoles and gaming apps to manage time and communication.



5. Keep passwords and downloads shared.

Agree that you'll know passwords and approve new apps or purchases, at least while your child is learning to manage their own digital choices. This helps you stay involved without needing to hover.



6. Encourage balance.

Screens are just one part of a child's world. Make sure there's time for outdoor play, reading and family time too. Children learn from what they see, so model healthy habits by unplugging together.

As technology becomes a bigger part of childhood, staying informed and involved makes all the difference. With a few clear boundaries and open conversations, you can help your child enjoy the best of their new device - safely, confidently and with balance. Small steps now set the foundation for healthy digital habits that will last well beyond the Christmas holiday.

Santa's Grotto and Winter Wonderland

Friday 12th, Saturday 13th, Sunday 14th December
3:30 - 6:30pm

**Yarmouth Guide and Scout Hall,
Mill Road, Yarmouth**

**£5
per
child**

+All funds raised go to the running of the Guide and Scout Hall+

CHILDREN'S CHRISTMAS CRAFT

December 13th
1.30-3.30 pm
Church Hall
Colwell Baptist
Church

Free craft activities for
accompanied primary age
children

FREE REFRESHMENTS

CHRISTMAS FAIR

CHRISTMAS GAMES | SANTA'S GROTTTO | STALLS | FOOD & DRINKS |
LIVE MUSIC | RAFFLE & MORE!

WEDNESDAY 17TH DEC | 3-5PM

FRESHWATER AND YARMOUTH
PRIMARY SCHOOL

WE LOOK FORWARD TO SEEING YOU FOR A
HOT CHOCOLATE, PIG IN BLANKET OR
SOME CHRISTMAS FUN!