

# Shalfleet C.E. Primary

The purpose of the Federation of the Church Schools of Shalfleet, Freshwater and Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

http://fosay.co.uk

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

**RESPECT • RESILIENCE • RELATIONSHIPS** 

**Letters Home** 

#### **Attendance Matters**



# ABSENCE FROM SCHOOL

How do YOU measure up?				
Atterdance			Lessons Missel	
%	9 Days	2 Weeks	50 Lessons	
90/	19 Days	4 Weeks	100 Lessons	
85/	29 Days	6 Weeks	150 Lessons	
80/	38 Days	8 Weeks	200 Lessons	
151	48 Days	20 Weeks	250 Lessons	
10/	S7 Days	11.5 Weeks	290 Lessons	
651	67 Days	13.5 Weeks	340 Lessons	



## **Attendance**

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.40am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.

**Attendance Target** 

100%

**Attendance Last Week** 

**Attendance This Year** 

94%

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### Important Information

### Dates for your Diary

12th November - PTFA School Disco

14th November – Year 4 Sharing Worship

14th November – Muffi Day in aid of Children in Need £1 suggested donation

28th November – Year 3 Sharing Worship

28th November – Year 4 Harry Potter

5th December - Christmas Tree Decorating Worship

5th December – Year 6 Seacity Trip

10th December – Federation Music Evening

11th December – PTFA School Fayre

12th December – Christingle Service

17th December - Christmas Jumper Day

19th December – Christmas Worship

# Federation Mission Statement and Values Mission Statement

'We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.'

### <u>Values</u>

Respect Resilience Relationships

Together for a Brighter Future



### In the Community

### **Lost Property**

Please could parents/ carers ensure all clothing is clearly labelled.

We have a growing amount of lost property without names, if you think this could be yours please pop into the school office to have a look.

Many thanks

'The Lord watches over you – the Lord is your shade at your right hand, the sun will not harm you by day, nor the moon by night'
Psalm 121 5-6

### **Gold Awards**

This week's gold award winners are:

Reception – Kiki, Emilia Year 1 – Mia, Cooper, Mipo Year 2 – Whole Class Year 3 – Jaxson, Jack, Priscilla Year 4 – Frank, Olivia E Year 5 – Igor, Doris Year 6 – Joey H, William, Baxter





18th Oct - 7th Nov

Oliver E Poppy H Toby H

Edward H Corney F Oscar H

Lola Joey H Jayden

Happy birthday to you!



Hello, my name is Mr McCarty and I am taking over from Ms Gates as the new Outdoor Learning Leader. I have been doing my training over the last twelve months, as well as being a Scout leader for the last 7 years at 1st Yarmouth Sea Scouts.

I am very much looking forward to taking Outdoor Learning within the federation and cannot wait to see everyone.

## **Sports Tokens**

This week's sports token totals are:

Lighthouse – 24

Needles – 22

Lifeboat - 23

Osbourne - 20

Well Done everyone!

# **Our Mission Statement**

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

# **Values**

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.







RESPECT

RESILIENCE

RELATIONSHIPS

# Attendance

We prioritise the attendance of all children at our school and recognise the very strong link between attendance and academic success.

When you register your child at our school, you have a legal duty to ensure that your child attends every day that the school is open except in a small number of circumstances such as being too ill to attend or being given permission for an absence in advance (not holidays).

We will work together to help overcome any attendance issues.



# Wellbeing

We acknowledge that mental health and wellbeing is of central importance and intrinsic to our lives.

We believe having a mentally healthy community is about being able to work together through any challenges and that everyone is feeling supported, heard, accepted, valued and empowered.

It is of paramount importance that if there is anything you feel is affecting your child's wellbeing or educational experience that you get in contact with us.

#### Dear Parents/Carers,

We have had an increasing number of parents who arrive at school to speak to a member of staff without an appointment. This inevitably causes some upset if the member of staff is unavailable due to other commitments. To avoid this, please call school ahead of any visit to arrange a meeting. Our support/pastoral staff have multiple meetings and commitments every day; whilst they always do their level best to accommodate you, they do need advance notice of any visits or meetings.

We also understand that sometimes emergencies happen that can delay you from collecting your child at the end of their school day.

If this should occur, we ask that you contact the school office as soon as possible to inform us of your delay. Children not collected by 3.15pm will be taken to Little Explorers After School Club.

Please note that if your child is taken to our after-school club, there will be a charge applied for the care of your child from 3.15pm and until you collect.

Many thanks for your help and understanding.

#### **Chartwells**

From the 3rd September the Chartwell school lunches will increase as follows:

Child's meal £3.10 (for key-stage 2 – Years 3,4,5,6)

#### We are an Allergy Aware School

Please can we remind you that we are a nut free school, we cannot guarantee this 100%

Please do not give you child's any nut containing products for their snack or their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

#### **Healthy Lunch Box**

We encourage everyone to pack nutritious lunches and snacks for children – think fruits, veggies, whole grains and protein packed options. We're aiming to keep sugary snack and processed foods to a minimum to help our children stay energized and focused throughout the day.

Thank you so much for supporting our health school goals and helping children make good choices!

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# SPOTLIGHT ON SAFEGUARDING

WORKING TOGETHER TO KEEP OUR YOUNG PEOPLE SAFE Primary | November 2025

# Helping children grow kindness: understanding child-on-child abuse

As children grow, they're learning how to handle big feelings, make friends and find their place in the world - both in real life and online. Along the way, they will make mistakes and sometimes their words or actions may hurt others without meaning to.

#### In this issue:

- · Child-on-child abuse
- Age ratings

When that harm happens between children, it's called **child-on-child abuse**. It can sound like a strong term, but at its heart, it's about helping young people understand respect, empathy and boundaries - skills that protect both them and others.

#### What does child-on-child abuse look like?

It can take many forms:

- · Teasing, name-calling or excluding someone
- · Pushing, hitting or rough play that goes too far
- · Sharing secrets, photos or private information without permission
- Sending or saying hurtful things online or in messages
- . Pressuring another child to do something they don't want to

At primary age, children may not realise how serious their behaviour can feel to others - especially online, where tone and facial expressions are missing. They need adult help to see the real impact of their actions and to learn how to put things right.

### How parents can nurture respect and empathy

- Make kindness part of everyday life: talk about how we treat others in person, in games and online. Encourage your child to pause and think before they speak or type.
- Model what respect looks like: show calmness in disagreements, apologise when needed and speak kindly about others. Children copy what they see.
- Set simple family rules: agree on gentle, consistent expectations such as using kind words, respecting privacy and taking a break before reacting.
- 4. Stay involved in their online world: explore apps and games together, discuss what's appropriate, and guide them on how to respond if something feels wrong.
- Notice, praise, and teach through mistakes: celebrate acts of kindness and use unkind moments as learning opportunities - helping your child reflect, make amends and grow.



## SPOTLIGHT ON SAFEGUARDING

### Why age ratings matter: helping children stay safe online and in games

As children grow, technology becomes a big part of their world - from sharing funny clips with friends to exploring creative online games. While these activities can be fun and sociable, it's important for parents to understand age ratings and why they exist.

Age ratings aren't just about violence or bad language - they're there to help you judge whether the content, interaction and features are suitable for your child's emotional and social stage.

#### What are age ratings?

Age ratings are like guidance labels that show whether a game or app is designed for your child's age group. They take into account things such as:

- · Language, violence or sexual content
- In-app chat and messaging
- Opportunities for strangers to contact children
- Pressure to buy add-ons or share personal details

They're not a measure of skill or intelligence they're about emotional readiness. A game might look cartoony or harmless, but it can still include themes or online interactions that aren't appropriate for younger children.



Common age ratings for popular apps and games				
App/game	Official age rating	Why it's rated that way		
WhatsApp	13+	Disappearing messages can expose children to adult content.		
Snapchat	13+	Disappearing messages, location sharing and public stories.		
Minecraft	7+	Online multiplayer can include unfiltered chat and content.		
Fortnite	12+	Cartoon-style violence and in-game chat. Turn off or monitor voice chat for younger players.		

**©The Enlightened Practitioner** 

The Enlightened Parent







The Year 5s had an amazing adventure when they were treated to a unique experience - a trip to London Science Museum which was kindly sponsored by Diamond Adventures, Red Funnel Ferries and WightFibre. The class had the most enjoyable time learning about a whole range of scientific concepts through a variety of interactive displays, demonstrations and activities. Everyone in Year 5 would like to say a massive thank you to the companies involved in providing the pupils with this awesome opportunity

# 2025/26 Webinar Schedule (Autumn Term)

Navigating Neurodivergence	Breakthrough Behaviour	<u>Feel without</u> <u>Fear</u>	Re-establishing Routines	CPVA (Child to Parent Violence and Aggression)	<u>Sleep</u>	Accepting Adolescence	Seasonal Sensory Awareness
4th September	9th September	11th September	16th September	18th September	23rd September	25th September	
9:30am	9:30am	9:30am	9:30am	9:30am	9:30am	9:30am	
30th September	2nd October	7th October	9th October	14th October	16th October	17th October	17th October
9:30am	9:30am	9:30am	9:30am	9:30am	9:30am	9:30am	11:30am
4th November	6th November	11th November	13th November	18th November	20th November	25th November	27th November
9:30am	9:30am	9:30am	9:30am	9:30am	9:30am	9:30am	9:30am
2nd December 9:30am	4th December 9:30am	9th December 9:30am	11th December 9:30am	16th December 9:30am	18th December 9:30am	19th December 9:30am	19th December 11:30am

Please email <u>katrina.austin1@iow.gov.uk</u> to join any of the webinars noted above. All webinars are delivered online via Teams. A link to the webinar will be sent to you 24 hours prior.









# **Parent and Caregiver Peer Support Sessions**

Where: Gunville Methodist Church Hall



When:

11 <sup>th</sup> September 2025 (10am - 12 noon)
6 <sup>th</sup> November 2025 (10am – 12 noon)
15 <sup>th</sup> January 2026 (10am - 11am)
5 <sup>th</sup> March 2026 (10am - 12 noon)
7 <sup>th</sup> May 2026 (10am – 12 noon)

Come along to meet with other parents / caregivers for an informal meet up and chat about your neurodiversity journey. Refreshments provided. No need to book, just turn up.

Free onsite parking.

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# ADULT COMMUNITY LEARNING

ngs subject to film licences and weather

wessexcancer.org.uk

ALL COURSES ARE FOR ADULTS 19+





(FR) REGULATOR





For further information or to book a place on any /all of these sessions please contact: info@thecrossley.co.uk or text 07977 041 539

# 90 Minutes to Family Calm Series

Join our FREE (fully funded) online classes! - Join one or join them all....





Autumn Term 2025
Tuesday evenings
6:00-7:30PM

BRAIN TRAINING FOR CALM

TAMING THE EMOTIONS MONSTER

Wessex Cancer Support is a registered charity in England and Wales (1110216)

SENSIBLE ABOUT OUR SENSES

BUILDING SELF-ESTEEM & CONFIDENCE -

RELAXING OUR KIDS

4th November

11th November

18th November

25th November

2nd December







Booking & enrolment required to secure a place on any or all these sessions.

\*enrolment required just once (for any number of sessions) per academic year





# **Occupational therapy**

## Parent advice sessions

The NHS Occupational Therapy Team will be running monthly parent advice sessions. These sessions are open to any families which don't have an existing referral.

The sessions will be with an Occupational Therapist and an Assistant.

The team will be able to give advice, signpost to other services / charities and support with completing a full referral to Occupational Therapy if it is felt the needs discussed require a full assessment.

The team will be able to support with advice around:

- · Self Care tasks e.g. washing, dressing, using cutlery, toileting
- Fine motor skill development
- · Play skills
- · Preschool / school readiness

#### Session Dates for 2026

(more dates and locations may be added if required):

15 Jan, 19 Feb, 19 March, 16 April, 21 May and 18 June.

Slots will be available at 9am, 10am and 11am.

Appointments will last for 45mins.

To book, contact the department on 01983 534520 or via email to iownt.paediatric-ot-mailbox@nhs.net

Sessions will take place at the Childrens Therapies Department, St Mary's Hospital, Newport, Isle of Wight

# Help, we need a tree!

Please, does anybody have a 4ft artificial tree which they would be happy to lend school between the 3<sup>rd</sup> and 7<sup>th</sup> December?



Shalfleet Primary School is taking part in this year's Christmas Tree Festival in Brighstone Methodist Church. There will be an after-school crafting group on Wednesdays, from 12<sup>th</sup> November for 4 weeks, where children will be making decorations on the theme of 'Christmas Eve'.

Thank you Mrs Cuff k.cuff@fosay.co.uk



# 24 APPS PARENTS NEED TO KNOW ABOUT

This list is not exhaustive, and will be updated each year to reflect new risks and dangers

THESE APPS CAN EASILY BE USED AS GROOMING TOOLS BY ONLINE PREDATORS LOOKING TO MEET UP & SEXUALLY ABUSE CHILDREN. (UPDATED 2021)



#### **FACEBOOK**



FACEBOOK allows you to connect with others and share comments. photos and videos. You can add friends, write on people's pages and posts, join groups and play games.



WHATSAPP allows you to send messages, images and videos in 121 and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.

#### WHISPER



WHISPER is an anonymous social media app that promotes sharing personal secrets with strangers, (new people). It reveals a users location so people can meet up

#### ASK.FM



ASK.FM An app where users can anonymously ask questions and receive answers. The app has been featured in a number of cyber bullying

#### **BURN BOOK**



**BURN BOOK** Anonymous rumours can be posted about people through audio messages, texts and photos.

#### SKOUT



**SKOUT** is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts

#### TELLOYMN



TELLOYMN anonymous messenger app. It calls itself "the most honest place on the internet." Age controls are inconsistent and sexual explicit material can be found.

#### FACEROOK MESSENGER



Is one of the most popular message apps in the world. It has already heavily been used by predators and the end-to end encryption will make it even more

#### FACEBOOK MESSENGER



dating app and website. Whilst private photo's, Children can easily create fake accounts.

#### SNAPCHAT



SNAPCHAT is one of the most popular apps in recent years. Whilst the app promises that photo's, videos and stories disappear, others can take screenshots of private photo's.

#### KIDSCHAT



KIDSCHAT.NET is a free online messaging app for children. You can talk to people you don't know on public forums and via private message. You can access the site as a guest.

#### **CALCULATOR %**



CALCULATOR % is only one of SEVERAL social media apps disguised as a calculator, the app is actually a secret photo vault to hide photos, videos, files and browser history.

#### YUBO



YUBO Similar to Tinder, the app is designed to allow teens to flirt with each other.

#### WISHBONE



WISHBONE This app allows users to compare kids and rate them on a scale

#### MEET ME



MEET ME Is a dating social media app that allows users to connect with people based on geographic proximity. The app encourages people to meet in person.

#### Zoomerang



Zoomerang is a popular app that looks like a harmless messaging app however it allows private anonymous messaging and is location enabled.

#### **BADOO**



BADOO is a location based people under 17 are unable to share

#### INSTAGRAM



**INSTAGRAM** Kids are creating fake accounts to hide content from their parents, according to police. Messages are also deleted once a user leaves a conversation.

#### SKYPE



SKYPE is a platform and app that lets you make audio and video calls to other people around the world. You can also send instant messages.

#### HOT ON NOT



**HOT ON NOT Strangers** rate a user's 'attractiveness' with the aim of real-world meet ups in your local area.

#### KIK MESSAGING KIK



KIK MESSAGING KIK is a messaging app that allows content normally filtered on a home computer.

#### GRINDR



GRINDR Is a dating app geared towards gay, bisexual and transgender people. The app allows people to chat, share and meet up in person based on a GPSS location.

#### TIK TOK



TIK TOK is one of the most popular apps in recent years used for sharing short videos with very limited privacy controls users are vulnerable to explicit material.

#### BUMBLE



**BUMBLE** is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts

#### OMEGLE



OMEGLE is a video chat website where users are matched randomly with strangers.

## #CHILDABUSEHELP

CHILD ABUSE RESOURCES WWW.CHILDABUSEHELP.ORG.UK NSPCC HELPLINE 0800 800 5000





Food distribution from Sainsburys is available at the following places:

Mondays to Oasis drop in Centre at FMC - Freshwater Methodist Church 10am - 12 noon.

Saturdays to WWSCC

From Oct 3rd there will be a food drop off available each week to Totland Parish Hall at 1.30pm and this comes from the Aspire Centre in Ryde.

