



Freshwater & Yarmouth

C.E. Primary

The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

<http://fosay.co.uk>

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

RESPECT • RESILIENCE • RELATIONSHIPS

Attendance Matters



ATTENDANCE

WHY IS IT IMPORTANT?

ABSENCE FROM SCHOOL

Children are required by law to attend school 190 days per year. The Government states that every pupil's attendance should be at least 95%.

How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

89% & Below
Drastic effect on
academic achievement

95%-90%
Cause for
concern

100%-96%
Excellent



Attendance

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.

Attendance Target

100%

Attendance for Last week

94.19%

Attendance This Year

95.35%

Important Information

Dates for your Diary

Friday 14th November – Coast Class Sharing Assembly

Friday 14th November – Children in Need Mufti Day

Wednesday 19th November – Beach Class Federated Autumn Day

Wednesday 19th November – School Disco – see poster below

Wednesday 19th November – Community Connector Drop In Service 9am-12pm with Adam Tucker

Friday 28th November – Coast Class to Harry Potter World

Friday 28th November – River Class Sharing Assembly

Thursday 4th December – Beach Class to the Christmas Tree Festival at All Saints Church

Friday 5th December – Ocean Class to Sea City Museum

Thursday 11th December – EYFS Nativity Performances

Friday 12th December – Christingle Service

Tuesday 16th December – Christmas Dinner and Christmas Jumper Day

Wednesday 17th December – Christmas Fair – More details to follow

Friday 19th December – Christmas Worship

Friday 19th December – Last Day before we finish for the Christmas Holidays

Monday 5th January – Return to School for the new term

Menu for the week ahead

Week 3

Monday – Cheese and Tomato Pizza or Veggie Meat Feast Pizza

Chocolate Marble Cake

Tuesday – Chicken and Broccoli Pasta Bake or Macaroni Cheese

Apple Crumble

Wednesday – Roast Gammon or Vegetable Pastry Slice

Lemon Cookie

Thursday – BBQ Chicken or Spanish Vegetable Rice

Crunchy Chocolate Mousse

Friday – Fish Fingers or Quorn Dippers

Strawberry Jelly

Jacket potatoes and pasta are available every day.

Baguettes are available on Tuesdays and Thursdays

Development Days

~~Monday 1st September 2025~~

~~Tuesday 2nd September 2025~~

To be confirmed

To be confirmed

Monday 27th July 2026

Christmas countdown!

How many weeks until Christmas Day?

6 Weeks!



Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.



RESPECT



RESILIENCE



RELATIONSHIPS

Attendance

We prioritise the attendance of all children at our school and recognise the very strong link between attendance and academic success,

When you register your child at our school, you have a legal duty to ensure that your child attends every day that the school is open except in a small number of circumstances such as being too ill to attend or being given permission for an absence in advance (not holidays).

We will work together to help overcome any attendance issues.



The Federated Church Schools of
Shalfleet, Freshwater & Yarmouth

The Conscious Community

What is the conscious community?

Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

Conscious = Aware

Community = All together

How do I make sure I am part of this?

By thinking about both your actions/feelings and the actions/feelings of others through 3 important values:

Respect

- Celebrate your skills and talents
- Recognise what makes you great
- Be proud of what you achieve
- Celebrate other people's skills and talents
- Recognise what makes other people great
- Be proud of what other people achieve

Resilience

- Making mistakes are great
- It's how we grow
- It is important we always respect them and learn from them
- Ask yourself these questions about your actions or the actions of others...
- Why do I/they feel this way?
- Did I/they handle that situation in the best possible way?
- What could I/they do to improve the situation?
- Did I/they do the best I/they could?
- What can we learn from this situation?
- How can we move forward positively?

Relationships

Show a good understanding of yourself and others by knowing what inspires you both, what you want, your beliefs, your needs and what can cause you and them to feel a certain way.

In situations ask yourself and others...

- What is my/their point of view?
- What are my/their reasons?
- How am I/they feeling?
- What am I/they bringing to this situation?

In a conscious community...

We are open

We ask questions

We are honest

We speak up

We listen

We respect privacy

Wellbeing

We acknowledge that mental health and wellbeing is of central importance and intrinsic to our lives.

We believe having a mentally healthy community is about being able to work together through any challenges and that everyone is feeling supported, heard, accepted, valued and empowered.

It is of paramount importance that if there is anything you feel is affecting your child's wellbeing or educational experience that you get in contact with us.

Christmas Dinner and Jumper Day

Our Christmas dinner will be on Wednesday 16th December. If you would like your child to have a Christmas dinner, please book in via Arbor before Friday 5th December. We will not be able to take anymore bookings after this date.

There will be no option of jacket potato or pasta on this day. Please provide your child with a packed lunch if they are not having the main meal.

Also, your child may come to school in a Christmas Jumper on this day.

If you have any queries, please contact the school office

Children in Need

We will be taking part in Children in Need this Friday 14th November.

Your child may come to school wearing something Mufti on this day for a small donation.



School dinner alternatives

If your child would like an alternative to the school dinner, we offer Vegetarian, jacket potato or tomato pasta every day.

We only offer baguettes on a **Tuesday and Thursday**.

Please book your child in via the Arbor app

Absences

If your child is absent from school please may we ask that you send an email to yarmouth@fosay.co.uk with the child's name, year group, reason for absence and the dates they are going to be off from school.

A phone call is helpful but doesn't give us the paper trail we need to properly document absences.

"Our Lord Jesus Christ himself and God our Father loved us and through grace gave us eternal comfort and a good hope.

May he encourage your hearts and give you strength in every good thing you do or say.

Outdoor learning Golden Wellie Award

The Golden Wellie Award goes to Shalfleet this week!

Look out for next week to see who wins it for Freshwater & Yarmouth!



Mr Westhorpe's joke of the week

If you're ever locked out of your house, start talking to the lock calmly and clearly.....

After all communication is key!



Gold Awards for last week were:

Beach Class: Nevaeh, Margot, Athena-Iris, Brax and Harlow

Cove Class: The Whole Class

Bay Class: Lacey, Makayla and Hadley

River Class: Alfie, Curtis and Isla

Coast Class: Bonnie, Alaina and Charlie

Solent Class: Paddy and Emerson

Ocean Class: The Whole Class



Class Attendance last week

Well done to **Bay Class** for receiving **97% attendance** for last week.

Well done everyone!



Birthdays

10th November - 16th November

Archie G

Harry

Ruby-Mai

Happy birthday to you!

Sports Tokens

Osbourne - 50

Lifeboat - 77

Needles - 55

Lighthouse - 30

Well done to **Lifeboat** for collecting the most tokens this week.

Well done!

School Details

Email – yarmouth@fosay.co.uk

Phone – 01983 7603456

Website – fosay.co.uk



WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

The Arbor Move

We are excited to announce that we will have now moved to Arbor instead of Scopay. Please ensure you are using the Arbor app to book Clubs, Trips and Meals for your child. If you require any assistance with this please contact the school office.

Adopting Arbor will allow us to communicate with you more efficiently and bring all core school data and workflows into one system.

Arbor also offers access to many training guidance which are completely free for you to make the most of!

We hope you are looking forward to using this new feature as much as we are!

Mr Westhrope's Golden Boot Award

Well done to **Scarlett** for demonstrating excellent teamwork as the girls secured two victories in one evening!



Chartwells New Menu

Chartwells have a brand new menu.

You can find the new menu on Dojo and the school website at fosay.co.uk

If you would like your child to have a school meal, please book in via Arbor.

24 APPS PARENTS NEED TO KNOW ABOUT

This list is not exhaustive, and will be updated each year to reflect new risks and dangers

THESE APPS CAN EASILY BE USED AS GROOMING TOOLS BY ONLINE PREDATORS LOOKING TO MEET UP & SEXUALLY ABUSE CHILDREN. (UPDATED 2021)



FACEBOOK



FACEBOOK allows you to connect with others and share comments, photos and videos. You can add friends, write on people's pages and posts, join groups and play games.

SNAPCHAT



SNAPCHAT Is one of the most popular apps in recent years. Whilst the app promises that photo's, videos and stories disappear, others can take screenshots of private photo's.

INSTAGRAM



INSTAGRAM Kids are creating fake accounts to hide content from their parents, according to police. Messages are also deleted once a user leaves a conversation.

WHATSAPP



WHATSAPP allows you to send messages, images and videos in 121 and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.

KIDSCHAT



KIDSCHAT.NET is a free online messaging app for children. You can talk to people you don't know on public forums and via private message. You can access the site as a guest.

SKYPE



SKYPE is a platform and app that lets you make audio and video calls to other people around the world. You can also send instant messages.

WHISPER



WHISPER is an anonymous social media app that promotes sharing personal secrets with strangers, (new people). It reveals a users location so people can meet up

CALCULATOR %



CALCULATOR % is only one of SEVERAL social media apps disguised as a calculator, the app is actually a secret photo vault to hide photos, videos, files and browser history.

HOT ON NOT



HOT ON NOT Strangers rate a user's 'attractiveness' with the aim of real-world meet ups in your local area.

ASK.FM



ASK.FM An app where users can anonymously ask questions and receive answers. The app has been featured in a number of cyber bullying cases.

YUBO



YUBO Similar to Tinder, the app is designed to allow teens to flirt with each other.

KIK MESSAGING Kik



KIK MESSAGING Kik is a messaging app that allows content normally filtered on a home computer.

BURN BOOK



BURN BOOK Anonymous rumours can be posted about people through audio messages, texts and photos.

WISHBONE



WISHBONE This app allows users to compare kids and rate them on a scale.

GRINDR



GRINDR is a dating app geared towards gay, bisexual and transgender people. The app allows people to chat, share and meet up in person based on a GPSS location.

SKOUT



SKOUT is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

MEET ME



MEET ME Is a dating social media app that allows users to connect with people based on geographic proximity. The app encourages people to meet in person.

TIK TOK



TIK TOK Is one of the most popular apps in recent years used for sharing short videos with very limited privacy controls users are vulnerable to explicit material.

TELLOYMN



TELLOYMN anonymous messenger app. It calls itself "the most honest place on the internet." Age controls are inconsistent and sexual explicit material can be found.

Zoomerang



Zoomerang Is a popular app that looks like a harmless messaging app however it allows private anonymous messaging and is location enabled.

BUMBLE



BUMBLE is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts

FACEBOOK MESSENGER



FACEBOOK MESSENGER Is one of the most popular message apps in the world. It has already heavily been used by predators and the end-to end encryption will make it even more unsafe.

BADDOO



BADDOO is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

OMEGLE



OMEGLE is a video chat website where users are matched randomly with strangers.

#CHILDABUSEHELP
CHILD ABUSE RESOURCES
WWW.CHILDABUSEHELP.ORG.UK

NSPCC HELPLINE
0800 800 5000

NNECA
NATIONAL NETWORK TO END CHILD ABUSE
WWW.NNECA.ORG.UK





SPOTLIGHT ON SAFEGUARDING

WORKING TOGETHER TO KEEP OUR YOUNG PEOPLE SAFE

Primary | November 2025

Helping children grow kindness: understanding child-on-child abuse

As children grow, they're learning how to handle big feelings, make friends and find their place in the world - both in real life and online. Along the way, they will make mistakes and sometimes their words or actions may hurt others without meaning to.

When that harm happens between children, it's called **child-on-child abuse**. It can sound like a strong term, but at its heart, it's about helping young people understand respect, empathy and boundaries - skills that protect both them and others.

What does child-on-child abuse look like?

It can take many forms:

- Teasing, name-calling or excluding someone
- Pushing, hitting or rough play that goes too far
- Sharing secrets, photos or private information without permission
- Sending or saying hurtful things online or in messages
- Pressuring another child to do something they don't want to

At primary age, children may not realise how serious their behaviour can feel to others - especially online, where tone and facial expressions are missing. They need adult help to see the real impact of their actions and to learn how to put things right.

In this issue:

- Child-on-child abuse
- Age ratings

How parents can nurture respect and empathy

1. Make kindness part of everyday life: talk about how we treat others - in person, in games and online. Encourage your child to pause and think before they speak or type.
2. Model what respect looks like: show calmness in disagreements, apologise when needed and speak kindly about others. Children copy what they see.
3. Set simple family rules: agree on gentle, consistent expectations such as using kind words, respecting privacy and taking a break before reacting.
4. Stay involved in their online world: explore apps and games together, discuss what's appropriate, and guide them on how to respond if something feels wrong.
5. Notice, praise, and teach through mistakes: celebrate acts of kindness and use unkind moments as learning opportunities - helping your child reflect, make amends and grow.

IF YOUR CHILD IS EXPERIENCING HARM FROM ANOTHER CHILD

SOMETIMES, YOUR CHILD MAY BE ON THE RECEIVING END OF UNKIND OR HURTFUL BEHAVIOUR. HERE'S HOW YOU CAN SUPPORT THEM:



LISTEN FIRST, REACT LATER:

Stay calm and thank your child for telling you. They need to feel heard, not questioned or blamed.



REASSURE THEM:

Make it clear they didn't deserve the behaviour - whether it happened face-to-face or online.



GATHER FACTS GENTLY:

Ask open questions such as, "Can you tell me what happened next?" rather than pressing for details.



SAVE ANY EVIDENCE:

Keep screenshots or messages in case the school or authorities need them.

SPOTLIGHT ON SAFEGUARDING

Why age ratings matter: helping children stay safe online and in games

As children grow, technology becomes a big part of their world - from sharing funny clips with friends to exploring creative online games. While these activities can be fun and sociable, it's important for parents to understand age ratings and why they exist.

Age ratings aren't just about violence or bad language - they're there to help you judge whether the content, interaction and features are suitable for your child's emotional and social stage.

What are age ratings?

Age ratings are like guidance labels that show whether a game or app is designed for your child's age group. They take into account things such as:

- Language, violence or sexual content
- In-app chat and messaging
- Opportunities for strangers to contact children
- Pressure to buy add-ons or share personal details

They're not a measure of skill or intelligence - they're about emotional readiness. A game might look cartoony or harmless, but it can still include themes or online interactions that aren't appropriate for younger children.



Common age ratings for popular apps and games

App/game	Official age rating	Why it's rated that way
WhatsApp	13+	Disappearing messages can expose children to adult content.
Snapchat	13+	Disappearing messages, location sharing and public stories.
Minecraft	7+	Online multiplayer can include unfiltered chat and content.
Fortnite	12+	Cartoon-style violence and in-game chat. Turn off or monitor voice chat for younger players.

- Free impartial advice relating to SEND for 0-25 years.
- Confidential sessions not recorded.
- Peer support, talking to others experiencing a similar journey.
- A dedicated session with an experienced support worker

13 NOV
09:30

Responding to a draft EHCP
If you are in that critical time frame having received your draft

18 NOV
10:00

Appeals to SEND Tribunal
A step-by-step guide through the appeals process

21 NOV
10:00

Ordinarily Available Provision and SEN Support
Looking at support available for those who do not have an EHCP

24 NOV
13:00

Considering an EHC Plan?
Independent and impartial information to guide you through the process

25 NOV
10:00

Responding to a draft EHCP
If you are in that critical time frame having received your draft

26 NOV
12:30

Alternative Provision
What constitutes a suitable education in relation to section 19 of the education act

www.iowsendiass.org.uk/workshops

DINOSAUR ISLE POP-UP SHOP

AT THE MUSEUM OF ISLAND HISTORY

MUSEUM OF ISLAND HISTORY

Tuesdays and Thursdays in October and November

10am to 1pm

Great value dinosaur gifts!

NEWPORT DAY OF CHRISTMAS



Saturday 15 November

10am to 4pm

Free museum entry

Bring your fossils for ID

Meet a Dinosaur Isle expert

Dino gifts and stocking fillers

PROOF - NOT FINAL ARTWORK



Guildhall, High Street, Newport, PO30 1TY
01983 823433 iow.gov.uk/museums
Events organised by the Isle of Wight Heritage Service

Isle of Wight Council

ADULT COMMUNITY LEARNING

ALL COURSES ARE FOR ADULTS 19+



For further information or to book a place on any /all of these sessions please contact:

info@thecrossley.co.uk or text 07977 041 539

90 Minutes to Family Calm Series

Join our **FREE** (fully funded) online classes! - Join one or join them all...



BRAIN TRAINING FOR CALM - 4th November

TAMING THE EMOTIONS MONSTER - 11th November

SENSIBLE ABOUT OUR SENSES - 18th November

BUILDING SELF-ESTEEM & CONFIDENCE - 25th November

RELAXING OUR KIDS - 2nd December



Booking & enrolment required to secure a place on any or all these sessions.

*enrolment required **just once** (for any number of sessions) per academic year



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www.centraldiscos.net



Occupational therapy Parent advice sessions

The NHS Occupational Therapy Team will be running monthly parent advice sessions. These sessions are open to any families which don't have an existing referral.

The sessions will be with an Occupational Therapist and an Assistant.

The team will be able to give advice, signpost to other services / charities and support with completing a full referral to Occupational Therapy if it is felt the needs discussed require a full assessment.

The team will be able to support with advice around:

- Self Care tasks - e.g. washing, dressing, using cutlery, toileting
- Fine motor skill development
- Play skills
- Preschool / school readiness



Session Dates for 2026

(more dates and locations may be added if required):

15 Jan, 19 Feb, 19 March, 16 April, 21 May and 18 June.

Slots will be available at 9am, 10am and 11am.

Appointments will last for 45mins.

To book, contact the department on **01983 534520** or via email to **lownt.paediatric-ot-mailbox@nhs.net**

Sessions will take place at the Childrens Therapies Department, St Mary's Hospital, Newport, Isle of Wight

DONATIONS OF
ITEMS STILL
GREATFULLY
ACCEPTED UNTIL
14th NOVEMBER.



Sale at Calbourne

Good Quality Pre-loved, New, Vintage,
Clothes, Shoes, Jewellery, bags, linen and
much more....

Saturday 15th November

Drop in anytime between

1000 until 1600hrs

At Calbourne Recreation Centre.

Nibbles and Mulled Wine will be available for
you to enjoy.

Please do come along, have a mooch and grab
a bargain.

In aid of All Saints Church, Calbourne.



MEDINA MARCHING BAND
PRESENTS
A
NOT SO
SILENT
NIGHT
CONCERT
TICKETS £10 PER PERSON*
2025
7:30 pm Friday | 5th December | Christ the King College Wellington Road
Newport PO30 5QT
Ticket Available at £10* per person
To book...
Visit our website www.medinamarchingband.co.uk
Call 07837 792 518
Or Email medinamarchingband@gmail.com
Buy tickets on the door
*subject to online booking fee

Christmas Drive-in Cinema 2025

Robin Hill Country Park

Friday 12 December

The Muppet Christmas
Carol | 6:30pm

Die Hard | 9pm

Saturday 13 December

Elf | Midday
Home Alone | 3pm

Love Actually | 7pm

Sunday 14 December

The Polar Express | Midday
How The Grinch Stole
Christmas | 3pm

The Holiday | 7pm

Book now



Scan the
QR code
or visit:

[wessexcancer.org.uk/
Cinema2025](http://wessexcancer.org.uk/Cinema2025)



Sponsored by



wessexcancer.org.uk

Wessex Cancer Support is a registered charity in England and Wales (1110216)

Screenings subject to film licences and weather



CENTRAL DISCO'S
PROUDLY PRESENTS



19TH NOVEMBER 2025

4-5PM RECEPTION & KS1

5.15-6.30PM KS2

£3 PER CHILD

INCLUDES ENTRY, NEON FACE PAINT,
NAIL PAINTING, REFILLABLE SQUASH
STATION AND SWEETS

PLEASE BOOK YOUR CHILD IN AT THE
OFFICE TO CONFIRM A SPACE!