

# **ANTI-BULLYING POLICY**

## WRITTEN BY THE CHILDREN

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**Key Stage 1**- At Freshwater and Yarmouth Primary School, we do not let anyone be a bully or be bullied. We believe that everyone can say what they think but we want everyone to be treated with respect so we can have good friendships and a happy school.

**Key Stage 2-** At Freshwater and Yarmouth Primary School we DO NOT tolerate any form of bullying. We value individuals' rights for Freedom of Speech, however we expect all pupils to treat everyone with respect, enabling us all to have good relationships and a happy school community.

### What is bullying?

**Key Stage 1-** Bullying is hurting someone lots of times on purpose by either upsetting their feelings or hurting their body.

**Key Stage 2-** Bullying is constantly and intentionally hurting someone either emotionally, verbally or physically.

#### What do bullies do?

- They can hurt other people verbally or physically
- They can encourage others to be unkind to
- They can do this in person or online

## What effect does this have on the other person being bullied?

- They may feel extremely hurt and upset.
- Feel really worried or anxious.
- A lack of confidence.
- Finding it hard to make friends.
- Can make you feel very angry and want to fight back.
- It can be hard to trust others in the future
- They may not want to come into school anymore.
- They may lose out on their learning as they are too distracted.

#### What are bullies like?

Often bullies behave the way they do because they are experiencing emotional pain or suffering themselves. Sometimes bullies are insecure and jealous, and can sometimes be unhappy with their own lives.

### What should you do if you think you are being bullied?

- TELL SOMEONE
- Tell a trusted friend
- Tell a trusted adult at home or at school
- Talking to the ELSA
- Write a note and put it into the worry box
- You could also ring Childline- 0800 1111

### What does the school do about bullying?

The school takes the matter of bullying very seriously and records all behaviour incidents online and in writing.

- Everyone involved in the incident would be interviewed.
- Everyone would have their statements and opinions valued.
- Parents of all children involved would be informed and possibly invited into school for a meeting.
- School staff would refer to the Behaviour Policy for relevant sanctions.
- A recovery support programme would be set up for the pupils involved.