

# ALLERGY AWARE MEAT

SPRING/SUMMER 2024



This menu contains **MILK, FISH, SOYA & SULPHITES**

If a pupil has a food allergy or intolerance to **MILK, FISH, SOYA OR SULPHITES** they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in **RED**

**NOTE:** All special diet recipes will be noted with ‘SD’ in front of the recipe.  
If ‘SD’ is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard and halal recipes (where applicable). If selector recipes have been used, please refer to the allergy aware selector menu to align to school’s menu. If using a different meat that has not been featured on the allergy aware menus (applicable to those following FFL or Halal) please cross check the allergens to ensure no additional allergens are present.



**STOP AND THINK!**  
**Have you completed the double-checking confirmation sheet?**

**ALLERGY AWARE MEAT WEEK 1**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<b>Main Dish</b>	SD Vegan Cheese and Tomato Pizza 93174975 with Half a Jacket Potato VMC 6359	SD Chicken Burger 93170396 with Potato Wedges 93156646	BBQ Chicken 93278107 with Roast Potatoes 93035127	Turkey Bolognese 93247529 With SD Gluten Free Pasta <b>CONTAINS SOYA</b> 93163235 <b>NO LASAGNE OR GARLIC AND HERB BREAD</b>	SD Gluten Free Fish Fingers <b>CONTAINS FISH</b> 93166795 with Chips 93040525
<b>Jacket Potato</b>	Jacket Potato with Baked Beans 93278120 Jacket Potato with Cheese <b>CONTAINS MILK</b> 93179967				
<b>Pasta</b>	SD Tomato Pasta <b>CONTAINS SOYA</b> 93171286				
<b>Veg</b>	Two Vegetables Served Daily <b>NO STANDARD COLESLAW, MIXED SALAD OR SALAD BAR</b>				
<b>Dessert</b>	SD Crispy Crackle Bar <b>CONTAINS GF OATS &amp; BARLEY MALT EXTRACT</b> 93174985 with Fruit Slices 93040542	Raspberry Jelly 93290177	SD Orange and Sultana Crispie <b>CONTAINS GF BARLEY MALT EXTRACT</b> 93177935	SD Mango and Orange or SD Strawberry Smoothie 93166797/ 93166798	SD Flapjack <b>CONTAINS GF OATS</b> 93165520
<b>Alternative Dessert</b>	Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113				

**ONLY SERVE WHAT IS ON THIS MENU**  
**SD – SPECIAL DIET RECIPE**

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

**NO FRESHLY BAKED BREAD, STANDARD YOGHURT, STANDARD COLESLAW OR SALAD BAR**

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**ALLERGY AWARE MEAT WEEK 2**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<b>Main Dish</b>	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	Beef Bolognese 93227270 with SD Gluten Free Pasta <b>CONTAINS SOYA</b> 93163235	Roast Chicken 93035093 with Roast Potatoes 93035127 and Gravy 93034775	SD Butter Chicken Curry 93238789 with Wholegrain Rice 93035026	SD Gluten Free Fish Fingers <b>CONTAINS FISH</b> 93166795 with Chips 93040525
<b>Jacket Potato</b>	Jacket Potato with Baked Beans 93278120 Jacket Potato with Cheese <b>CONTAINS MILK</b> 93179967				
<b>Pasta</b>	SD Tomato Pasta <b>CONTAINS SOYA</b> 93171286				
<b>Veg</b>	Two Vegetables Served Daily <b>NO STANDARD COLESRAW, MIXED SALAD OR SALAD BAR</b>				
<b>Dessert</b>	SD Crunchy Chocolate Biscuit <b>CONTAINS GF OATS</b> 93219823	SD Orange and Sultana Crispie <b>CONTAINS GF BARLEY MALT EXTRACT</b> 93177935	Orange Jelly 93290176	SD Crunchy Chocolate Biscuit <b>CONTAINS GF OATS</b> 93219823 with Fruit Slices 93040542	SD Orange Drizzle <b>CONTAINS SULPHITES</b> 93197074
<b>Alternative Dessert</b>	Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113				

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**ALLERGY AWARE MEAT WEEK 3**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	IOW Pork Sausages <b>CONTAINS SULPHITES</b> 93245857 with SD Mashed Potato <b>CONTAINS GF OATS</b> 93194973 and Beans 93036011	Roast Beef 93035118 with Roast Potatoes 93035127 and Gravy 93034775	SD Chicken and Broccoli Pasta Bake <b>CONTAINS SOYA &amp; GF OATS</b> 93282240	SD Gluten Free Fish Fingers <b>CONTAINS FISH</b> 93166795 with Chips 93040525
Jacket Potato	Jacket Potato with Baked Beans 93278120 Jacket Potato with Cheese <b>CONTAINS MILK</b> 93179967				
Pasta	SD Tomato Pasta <b>CONTAINS SOYA</b> 93171286				
Veg	Two Vegetables Served Daily <b>NO STANDARD COLESLAW, MIXED SALAD OR SALAD BAR</b>				
Dessert	SD Chocolate Brownie <b>CONTAINS SULPHITES</b> 93196787	Strawberry Jelly 93290175	SD Banana Muffin 93196788	SD Cookie <b>CONTAINS GF OATS</b> 93290178	SD Mango and Orange or SD Strawberry Smoothie 93166797/ 93166798
Alternative Dessert	Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113				

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