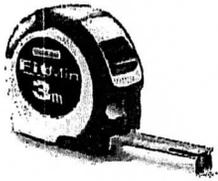


Weight, Length and Capacity Place Mat

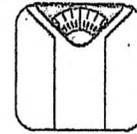


Length

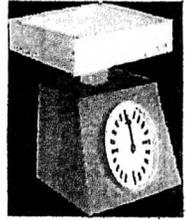
1 centimetre (cm) = 10 millimetres (mm)

1 metre (m) = 100 centimetres (cm)

1 kilometre (km) = 1000 metres (m)



Weight



1 gram (g) = 1000 milligrams (mg)

0.1 kilograms (kg) = 100 grams (g)

1 kilogram (kg) = 1000 grams (g)

1 tonne = 1000 kilograms (kg)



Capacity

1 litre (l) = 1000 millilitres (ml)

1 litre (l) = 100 centilitres (cl)

1 centilitre (cl) = 10 millilitres (ml)

0.1 litres (l) = 100 millilitres (ml)



Imperial Units

1 pint = 568ml

1 inch = 2.5 cm or 25 mm

1 foot = 12 inches or 30 cm

1 mile = 1.6 km

1 ounce = 25g

1 pound (lb) = 500g

