

# The Federation of the Church Schools of Shalfleet and Yarmouth

## Achieving Together for a Brighter Future



# ANTI-BULLYING POLICY

WRITTEN BY THE CHILDREN

Approved by	
Portfolio	Standards
Approved on	Autumn 22
Review date	Autumn 23
Review Cycle	1 year

Signed \_\_\_\_\_ Date \_\_\_\_\_

### **Key Stage 1**

At Shalfleet and Yarmouth school, we do not let anyone be a bully or be bullied. We believe that everyone can say what they think but we want everyone to be treated with respect so we can have good friendships and a happy school.

### **Key Stage 2**

At the Federation of the Church Schools of Shalfleet and Yarmouth we do NOT tolerate any form of bullying. We value individuals' rights for Freedom of Speech, however we expect all pupils to treat everyone with respect, enabling us all to have good relationships and a happy school community.

### **What is bullying?**

#### **Key Stage 1**

Bullying is hurting someone lots of times on purpose by either upsetting their feelings or hurting their body.

#### **Key Stage 2**

Bullying is constantly and intentionally hurting someone either emotionally, verbally or physically.

### **What do bullies do?**

- They can hurt other people verbally or physically
- They can encourage other people to be verbally or physically unkind too
- They can do this in person or online
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### **What effect does this have on the person being bullied?**

- They feel sad
- They feel shy and withdrawn
- They have a lack of confidence
- They might find it hard to trust people
- They might find it hard to make friends
- They could feel angry and want to fight back
- They might not want to come to school

### **What are bullies like?**

Often bullies behave the way they do because they are experiencing emotional pain and suffering themselves. Sometimes bullies are insecure and jealous. They bully because they are very unhappy in their own lives (either at home or at school). Sometimes bullies have been bullied in the past themselves.

### **What should you do if you think you are being bullied?**

#### **Tell someone this could be**

- Telling a trusted friend
- Telling a trusted adult (either at home or at school)
- Talking to the Emotional Literacy Support Assistant
- Write a note and put it into the Communication/ Chat Box/ worry box

- Telling a Peer Mentor/ Cyber ambassador
- You could ring Child line
- **Make sure you talk about what you are going through – don't bottle it up**

### **What can the Peer mentors and Cyber Ambassadors do about bullying?**

They always work in partners, they are there to support the other children in the school act as mediators and pass on information to members of staff. It is not their responsibility to resolve the problem.

They:

- Listen to the problem
- Comfort the child and value what they are saying
- Ensure that the child has a 'buddy' to support them
- Refer the matter to school staff

### **What does the school do about bullying?**

The school takes the matter of bullying very seriously and records all behaviour incidents in writing.

- Every pupil/staff member involved in the bullying incident would be interviewed
- Every pupil/staff member would have their statements and opinions valued
- All parents of all children involved would be informed and possibly invited into school for a meeting (either with or without their child as appropriate)
- School staff would refer to the Behaviour Policy for relevant sanctions
- A recovery support programme would be set up for the pupils involved