

Dear Parent / Guardian,

Welcome to Chartwells Medical Diets!

Here at Chartwells the safety of your children is our number one priority. We understand the importance of ensuring that pupils with medical diets can continue to enjoy a safe, balanced meal alongside their peers in school.

Our robust medical diet policy and staff training programme ensures that our teams operate to a strict safety standard. Here at Chartwells transparency is key and we have many supportive documents available to help give parents more information on how we keep your children safe when eating with us including;

- ✓ Medical Diet Policy
- ✓ Medical Diet Parents Guide
- ✓ Medical Diet Request Form
- ✓ Medical Diet Evidence Support Form
- ✓ Medical Diet Menus
- ✓ Allergy Reports
- ✓ Nutrient Counts

All of our documents can be accessed online on our Love School Meals website

<https://loveschoolmeals.co.uk/medical-diets/>

You can request a medical diet by completing our Medical Diet Request Form and attaching a photo of your child with supporting professional medical evidence. This is an essential industry-standard requirement as adjusting a child's diet should only be undertaken under the guidance of a medical professional - without supporting medical evidence we cannot proceed with any request. You should submit the completed request form and supporting medical evidence to the school office, who will pass them onto the Chartwells medical diets team. Once the Chartwells medical diets team have received all the information they need, they will prepare a medical diet menu within 3-5 weeks. During which time, Chartwells can either offer pupils a jacket potato with a suitable topping and fruit for dessert or pupils should bring a packed lunch meal as an interim measure.

We are proud to have a dedicated medical diet team of nutritionists who are available all year round and happy to support with any questions or queries you may have, the team can be contacted at; Chartwells.medicaldiets@compass-group.co.uk