**CKM SUPER KID**

Becky from super kid came in and taught us some moves to show us how to protect ourselves and be the bigger person. She is in charge of the music for the band STOMP and she travels around the world, seeing lots of people including us. These moves included teaching us how to react when people shove you, push you against a wall, grab you by the shirt or grab your shoulder. She gave us our super kid wristbands, she had five stars on hers meaning that she was an instructor. It is really fun, interesting and helpful to know how to defend ourselves and we really enjoy it.

By

Daisy and Jess year 6