

# BEREAVEMENT AND LOSS

Services to support children and young people experiencing bereavement and loss



## NATIONAL ADVICE AND SUPPORT

### Child Bereavement UK

Advice and support for children and young people, parents, carers and professionals.

[childbereavementuk.org](http://childbereavementuk.org)

Helpline: 0800 028 8840

### Hope Again

Advice and support for children and young people, parents, carers and professionals.

[hopeagain.org.uk](http://hopeagain.org.uk)

### Winston's Wish

Advice and support for children and young people, parents, carers and professionals.

[winstonswish.org](http://winstonswish.org)

Helpline: 0808 802 0021

### Childhood Bereavement Network

National hub for those supporting bereaved children. Advice, resources and signposting for children and young people, parents, carers and professionals.

[childhoodbereavementnetwork.org.uk](http://childhoodbereavementnetwork.org.uk)

### Grief Encounter

Advice and support for children and young people, parents, carers and professionals. Accessible through Facebook, Instagram and Youtube.

[griefencounter.org.uk](http://griefencounter.org.uk)

### Cruse Bereavement Care

National charity providing free information, advice and support to adults, children and young people who are struggling to cope with grief arising from bereavement.

[cruse.org.uk](http://cruse.org.uk)

Helpline: 0808 808 1677

Monday - Friday 9.30am to 5pm

### Young Minds

Advice and support for teenagers, parents and carers.

[youngminds.org.uk](http://youngminds.org.uk)

### NHS

Advice and signposting.

[nhs.uk](http://nhs.uk)

## APPS

### Grief

A game designed to help young people cope with the death of a loved one.

[bounce.works/apartofme/](http://bounce.works/apartofme/)

### Think Ninja by Healios

App to educate 10 to 18 year olds about mental health, emotional wellbeing.

[healios.org.uk](http://healios.org.uk)

## LOCAL SUPPORT AND SERVICES

### Hampshire and IW Educational Psychology (HIEP)

Support, guidance, and resources for professionals working with children and young people.

Isle of Wight: 0239 244 1497

HIEP also provide ELSA training and supervision for Isle of Wight – contact your local office for further information

### Layla's Trust

Provide support for recently bereaved families where a child has died.

[laylas-trust.org](http://laylas-trust.org)

[hello@laylas-trust.org](mailto:hello@laylas-trust.org)

### Mountbatten

Mountbatten in partnership with KissyPuppy and the Sophie Rolf Trust, provide pre and post bereavement support to children and families. Anyone can self-refer to Mountbatten.

[mountbatten.org.uk](http://mountbatten.org.uk)

[coordinationcentre@mountbatten.org.uk](mailto:coordinationcentre@mountbatten.org.uk)

01983 217 346

### 0-19 Public Health Nursing Service

Provide initial family support and signposting.

01983 821 388

Monday to Friday 8.30am to 4.30pm

### YMCA

YMCA provide a child bereavement service for children and young people aged 0-18. The service provides direct support through counselling, and works to raise community awareness of the impact of bereavement on young lives.

[iow.gov.uk](http://iow.gov.uk)

[info@ymca-fg.org](mailto:info@ymca-fg.org)

Support line: 0238 064 7550

### Barnardo's

Barnardo's Talk 2 is a counselling service for children and young people that offers support for their emotional health and wellbeing, which includes bereavement counselling. Professionals can contact [amelia.brennan@barnardos.org.uk](mailto:amelia.brennan@barnardos.org.uk) for a referral form and send back to [iow.barnardos@nhs.net](mailto:iow.barnardos@nhs.net) for children and young people to access the service.

[barnardos.org.uk](http://barnardos.org.uk)

01983 865 657

### CAMHS

Advice, support and guidance for children and young people, parent and carers, and professionals.

01983 523 602

Monday to Friday 9am to 5pm

[iow.nhs.uk](http://iow.nhs.uk)

### Youth Trust

The Youth Trust support children and young people that have been bereaved, where it is affecting their mental health?

01983 529 569

[info@iowyouthtrust.co.uk](mailto:info@iowyouthtrust.co.uk)

### Isle of Wight and Hampshire Crisis Line

Help, advice and support for those aged 11 to 17, with difficulties with mental health.

Freephone: 0300 303 1590

Monday to Friday 3pm to 8.30pm

## TRAINING AND RESOURCES

**Learning Resource Library have a range of bereavement resources for schools.**

[iow.spydus.co.uk](http://iow.spydus.co.uk)

[learning.resourcecentre@iow.gov.uk](mailto:learning.resourcecentre@iow.gov.uk)

### ELSA Support

Books and workbooks EY-KS2.

[elsa-support.co.uk](http://elsa-support.co.uk)

Contact HIEP for local ELSA training and supervision.

**HCC Postvention Protocol for Schools and Colleges – IoW – Check with GB and SK**

The Isle of Wight's Postvention Protocol for Schools and College will be sent to each educational setting, and available online via [iowight.com](http://iowight.com) once published.

Contact HIEP for local ELSA training and supervision.

### Samaritans: Step-by-Step

Advice, guidance and support for teachers and other education professionals when a student has been affected by suicide.

Helpline: 0808 168 2528

### Youth Work Support

Series of free webinars from the National Youth Agency, which also includes one on bereavement and loss during COVID-19.

[youthworksupport.co.uk](http://youthworksupport.co.uk)

### Child Bereavement UK

Youtube channel – a range of short videos to support child bereavement.

[youtube.com](http://youtube.com)

### Local Safeguarding Children Partnership

Updates, training and support for children, parents and carers and practitioners.

[iowscp.org.uk/practitioners](http://iowscp.org.uk/practitioners)

### Winston's Wish

Online bereavement training for schools.

[winstonswish.org](http://winstonswish.org)